

LA-Werfertag von RKS Phoenix Mutterstadt vom 03.10.2023

Hammerwerfen

W 45 (4,00 kg):

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|----|--------------------------|----|---------|-------------------------|
| 1. | Ernst-Offermann, Claudia | 62 | 23,07 m | RKS Phoenix Mutterstadt |
| 2. | Böhm, Gertrud | 49 | 13,75 m | RKS Phoenix Mutterstadt |

W 60 (3,00 kg):

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|----|--------------------------|----|---------|-------------------------|
| 1. | Ernst-Offermann, Claudia | 62 | 28,56 m | RKS Phoenix Mutterstadt |
|----|--------------------------|----|---------|-------------------------|

W 70 (3,00 kg):

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|----|---------------|----|---------|-------------------------|
| 1. | Böhm, Gertrud | 49 | 19,65 m | RKS Phoenix Mutterstadt |
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M 65 (5,00 kg):

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|----|---------------------|----|---------|-------------------------|
| 1. | Zachrau, Gerhard | 49 | 34,48 m | RKS Phoenix Mutterstadt |
| 2. | Wolfram, Willi | 54 | 29,45 m | TV Hahnenbach |
| 3. | Gundermann, Norbert | 56 | 28,68 m | RKS Phoenix Mutterstadt |
| 4. | Tauscher, Christian | 50 | 21,31 m | TV Pforzheim |

M 70 (4,00 kg):

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|----|---------------------|----|---------|-------------------------|
| 1. | Zachrau, Gerhard | 49 | 38,83 m | RKS Phoenix Mutterstadt |
| 2. | Tauscher, Christian | 50 | 28,69 m | TV Pforzheim |

M 75 (4,00 kg):

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|----|-----------------|----|---------|------------------|
| 1. | Hessert, Helmut | 46 | 28,42 m | TSV Schott Mainz |
|----|-----------------|----|---------|------------------|

Kugelstoßen

U 20 (6,00 kg):

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|----|------------------|----|---------|----------------|
| 1. | Schwager, Jerome | 05 | 14,13 m | TV Rheinzabern |
|----|------------------|----|---------|----------------|

W 60 (3,00 kg):

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|----|--------------------------|----|--------|-------------------------|
| 1. | Ernst-Offermann, Claudia | 62 | 8,23 m | RKS Phoenix Mutterstadt |
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W 70 (3,00 kg):

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|----|---------------|----|--------|-------------------------|
| 1. | Böhm, Gertrud | 49 | 4,98 m | RKS Phoenix Mutterstadt |
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M 65 (5,00 kg):

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|----|---------------------|----|--------|-------------------------|
| 1. | Wolfram, Willi | 54 | 9,09 m | TV Hahnenbach |
| 2. | Gundermann, Norbert | 56 | 8,03 m | RKS Phoenix Mutterstadt |
| 3. | Zachrau, Gerhard | 49 | 8,02 m | RKS Phoenix Mutterstadt |
| 4. | Tauscher, Christian | 50 | 7,30 m | TV Pforzheim |

M 70 (4,00 kg):

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|----|---------------------|----|--------|-------------------------|
| 1. | Zachrau, Gerhard | 49 | 9,70 m | RKS Phoenix Mutterstadt |
| 2. | Tauscher, Christian | 50 | 8,59 m | TV Pforzheim |

M 75 (4,00 kg):

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|----|-----------------|----|--------|------------------|
| 1. | Hessert, Helmut | 46 | 9,32 m | TSV Schott Mainz |
|----|-----------------|----|--------|------------------|

Diskuswerfen

U 20 (1,75 kg):

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|----|------------------|----|---------|----------------|
| 1. | Schwager, Jerome | 05 | 48,59 m | TV Rheinzabern |
|----|------------------|----|---------|----------------|

Männer (2,00 kg):

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| 1. | Schwager, Jerome | 05 | 45,45 m | TV Rheinzabern |
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Damen (1,00 kg):

1.	Ernst-Offermann, Claudia	62	16,40 m	RKS Phoenix Mutterstadt
2.	Böhm, Gertrud	49	12,86 m	RKS Phoenix Mutterstadt

W 60 (1,00 kg):

1.	Ernst-Offermann, Claudia	62	16,42 m	RKS Phoenix Mutterstadt
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W 70 (1,00 kg):

1.	Böhm, Gertrud	49	13,23 m	RKS Phoenix Mutterstadt
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M 65 (1,00 kg):

1.	Zachrau, Gerhard	49	34,63 m	RKS Phoenix Mutterstadt
2.	Wolfram, Willi	54	28,03 m	TV Hahnenbach
3.	Tauscher, Christian	50	26,23 m	TV Pforzheim
4.	Gundermann, Norbert	56	25,93 m	RKS Phoenix Mutterstadt

M 70 (1,00 kg):

1.	Zachrau, Gerhard	49	35,30 m	RKS Phoenix Mutterstadt
2.	Tauscher, Christian	50	28,19 m	TV Pforzheim

M 75 (1,00 kg):

1.	Hessert, Helmut	46	30,68 m	TSV Schott Mainz
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Speerwerfen

W 60 (500 Gramm):

1.	Ernst-Offermann, Claudia	62	13,83 m	RKS Phoenix Mutterstadt
2.	Böhm, Gertrud	49	9,67 m	RKS Phoenix Mutterstadt

W 70 (400 Gramm):

1.	Böhm, Gertrud	49	9,97 m	RKS Phoenix Mutterstadt
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M 65 (600 Gramm):

1.	Hessert, Helmut	46	32,14 m	TSV Schott Mainz
2.	Wolfram, Willi	54	25,43 m	TV Hahnenbach
3.	Zachrau, Gerhard	49	21,80 m	RKS Phoenix Mutterstadt
4.	Gundermann, Norbert	56	19,50 m	RKS Phoenix Mutterstadt
5.	Tauscher, Christian	50	16,52 m	TV Pforzheim

M 70 (500 Gramm):

1.	Zachrau, Gerhard	49	24,09 m	RKS Phoenix Mutterstadt
2.	Tauscher, Christian	50	15,90 m	TV Pforzheim

M 75 (500 Gramm):

1.	Hessert, Helmut	46	35,06 m	TSV Schott Mainz
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LA-Gewichtwerfen

W 60 (5,45 kg):

1.	Ernst-Offermann, Claudia	62	10,78 m	RKS Phoenix Mutterstadt
2.	Böhm, Gertrud	49	6,98 m	RKS Phoenix Mutterstadt

W 70 (5,45 kg):

1.	Böhm, Gertrud	49	7,74 m	RKS Phoenix Mutterstadt
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Männer (15,88 kg):

1.	Dapprich, Mathias	85	9,31 m	MTG Mannheim
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M 35 (15,88 kg):

1.	Dapprich, Mathias	85	9,77 m	MTG Mannheim
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M 65 (9,08 kg):

1.	Zachrau,	Gerhard	49	13,82 m	RKS Phoenix Mutterstadt
2.	Gundermann,	Norbert	56	10,51 m	RKS Phoenix Mutterstadt
3.	Wolfram,	Willi	54	10,14 m	TV Hahnenbach
4.	Tauscher,	Christian	50	7,67 m	TV Pforzheim

M 70 (7,26 kg):

1.	Zachrau,	Gerhard	49	14,65 m	RKS Phoenix Mutterstadt
2.	Tauscher,	Christian	50	9,24 m	TV Pforzheim

M 75 (7,26 kg):

1.	Hessert,	Helmut	46	11,60 m	TSV Schott Mainz
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Wurf-Fünfkampf

(Reihenfolge: Hammer – Kugel – Diskus – Speer – Gewicht)

W 60:

1.	Ernst-Offermann, Claudia	62	2.883 P.	RKS Phoenix Mutterstadt
Werte: 28,56/ 796 + 8,23/ 684 + 16,42/ 391 + 13,82/ 332 + 10,78/ 680				

W 70:

1.	Böhm,	Gertrud	49	2.429 P.	RKS Phoenix Mutterstadt
	Werte:	19,65/659 + 4,98/480 + 13,23/409 + 9,97/306 + 7,74/575			

M 65:

1.	Zachrau,	Gerhard	49	3.010 P.	RKS Phoenix Mutterstadt
	Werte:	34,48/685	+ 8,02/540	+ 34,62/670	+ 21,80/357 + 13,82/758
2.	Wolfram,	Willi	54	2.671 P.	TV Hahnenbach
	Werte:	29,45/564	+ 9,09/628	+ 28,03/516	+ 25,43/438 + 10,14/525
3.	Gundermann,	Norbert	56	2.409 P.	RKS Phoenix Mutterstadt
	Werte:	28,68/545	+ 8,03/541	+ 25,93/468	+ 19,50/306 + 10,51/549
4.	Tauscher,	Christian	50	1.938 P.	TV Pforzheim
	Werte:	21,31/370	+ 7,30/481	+ 26,23/475	+ 16,52/241 + 7,67/371

M 70:

1.	Zachrau,	Gerhard	49	3.465 P.	RKS Phoenix Mutterstadt
Werte: 38,83/782 + 9,70/632 + 35,30/769 + 24,09/449 + 14,65/833					
2.	Tauscher,	Christian	50	2.404 P.	TV Pforzheim
Werte: 28,69/539 + 8,59/546 + 28,19/584 + 15,90/253 + 9,24/482					

M 75:

1.	Hessert,	Helmut	46	3.567 P.	TSV Schott Mainz
Werte: 28,42/625 + 9,32/670 + 30,68/746 + 35,06/834 + 11,60/692					

Amtliche Aufsicht:

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