

Leichtathletik-Werfertag von RKS Phoenix Mutterstadt am  
05.05.2019 in Mutterstadt

Ergebnisliste

Hammerwerfen

**Männliche Klassen:**

Männer:

|     |             |           |    |       |                           |
|-----|-------------|-----------|----|-------|---------------------------|
| 1.  | Bub,        | Daniel    | 94 | 42,42 | TSG Haßloch               |
| 2.  | Karch,      | Holger    | 79 | 38,96 | RKS Phoenix Mutterstadt   |
| 3.  | Zachrau,    | Gerhard   | 49 | 35,05 | RKS Phoenix Mutterstadt   |
| 4.  | Füßer,      | Thomas    | 01 | 33,77 | TSG Haßloch               |
| 5.  | Zachrau,    | Dominique | 81 | 33,71 | RKS Phoenix Mutterstadt   |
| 6.  | Münch,      | Stefan    | 70 | 31,36 | TV Niederwürzbach         |
| 7.  | Arendt,     | Maik      | 79 | 30,96 | LG Baar-LV Donaueschingen |
| 8.  | Lux,        | Dennis    | 01 | 27,14 | TSG Haßloch               |
| 9.  | Gundermann, | Norbert   | 56 | 25,60 | RKS Phoenix Mutterstadt   |
| 10. | Hochgürtel, | Christian | 85 | 25,16 | TSG Haßloch               |
| 11. | Büttler,    | Kurt      | 46 | 24,51 | TSG Haßloch               |
| 12. | Schiele,    | Hans-Jörg | 65 | 23,14 | Unterländer LG            |
| 13. | Adams,      | Mike      | 99 | 21,16 | TSG Haßloch               |

M 30:

|    |             |           |    |       |             |
|----|-------------|-----------|----|-------|-------------|
| 1. | Hochgürtel, | Christian | 85 | 26,50 | TSG Haßloch |
|----|-------------|-----------|----|-------|-------------|

M 35:

|    |          |           |    |       |                         |
|----|----------|-----------|----|-------|-------------------------|
| 1. | Zachrau, | Dominique | 81 | 33,40 | RKS Phoenix Mutterstadt |
|----|----------|-----------|----|-------|-------------------------|

M 40:

|    |         |        |    |       |                           |
|----|---------|--------|----|-------|---------------------------|
| 1. | Karch,  | Holger | 79 | 37,13 | RKS Phoenix Mutterstadt   |
| 2. | Arendt, | Maik   | 79 | 30,95 | LG Baar-LV Donaueschingen |

M 45:

|    |        |        |    |       |                   |
|----|--------|--------|----|-------|-------------------|
| 1. | Münch, | Stefan | 70 | 32,38 | TV Niederwürzbach |
|----|--------|--------|----|-------|-------------------|

M 50:

|    |          |           |    |       |                |
|----|----------|-----------|----|-------|----------------|
| 1. | Schiele, | Hans-Jörg | 65 | 26,57 | Unterländer LG |
|----|----------|-----------|----|-------|----------------|

M 60:

|    |             |         |    |       |                         |
|----|-------------|---------|----|-------|-------------------------|
| 1. | Gundermann, | Norbert | 56 | 29,34 | RKS Phoenix Mutterstadt |
|----|-------------|---------|----|-------|-------------------------|

M 65:

|    |        |          |    |       |                         |
|----|--------|----------|----|-------|-------------------------|
| 1. | Rhaue, | Reinhard | 52 | 28,11 | RKS Phoenix Mutterstadt |
|----|--------|----------|----|-------|-------------------------|

M 70:

|    |          |          |    |       |                         |
|----|----------|----------|----|-------|-------------------------|
| 1. | Zachrau, | Gerhard  | 49 | 46,03 | RKS Phoenix Mutterstadt |
| 2. | Büttler, | Kurt     | 46 | 39,98 | TSG Haßloch             |
| 3. | Wörner,  | Waldemar | 45 | 34,03 | SV Sohren               |
| 4. | Hummer,  | Joseph   | 46 | 28,51 | RV Germania Trier       |

## Hammerwerfen

### Weibliche Klassen:

#### Juniorinnen:

|    |          |           |    |       |                |
|----|----------|-----------|----|-------|----------------|
| 1. | Schiele, | Katharina | 00 | 24,85 | Unterländer TV |
|----|----------|-----------|----|-------|----------------|

#### Damen:

|     |               |           |    |       |                                 |
|-----|---------------|-----------|----|-------|---------------------------------|
| 1.  | Wolf,         | Natascha  | 78 | 42,60 | DJK Villingen                   |
| 2.  | Luxenburger,  | Hanna     | 96 | 42,46 | LAZ Zweibrücken                 |
| 3.  | Schardt,      | Bettina   | 72 | 40,83 | TG Mannheim                     |
| 4.  | Telge,        | Kristina  | 70 | 36,49 | TV Alzey                        |
| 5.  | Ansel,        | Renate    | 74 | 35,75 | VfL Sindelfingen                |
| 6.  | Jansen,       | Wilma     | 80 | 34,18 | DSHS Köln                       |
| 7.  | Klein-Raber,  | Margret   | 64 | 33,63 | LC Rehlingen                    |
| 8.  | Reuschenbach, | Anne      | 80 | 32,22 | LG Bad Soden-Sulzbach-Neuenhain |
| 9.  | Borutta,      | Anette    | 69 | 29,08 | RKS Phoenix Mutterstadt         |
| 10. | Schiele,      | Katharina | 00 | 25,57 | Unterländer LG                  |
| 11. | Metzger,      | Patricia  | 64 | 22,66 | LC Rehlingen                    |
| 12. | Schiele,      | Ulrike    | 70 | 21,36 | Unterländer LG                  |
| 13. | Kohl,         | Annette   | 63 | 20,26 | RKS Phoenix Mutterstadt         |
| 14. | Böhm,         | Gertrud   | 49 | 19,50 | RKS Phoenix Mutterstadt         |

#### W 35:

|    |               |       |    |       |                                 |
|----|---------------|-------|----|-------|---------------------------------|
| 1. | Reuschenbach, | Anne  | 80 | 33,30 | LG Bad Soden-Sulzbach-Neuenhain |
| 1. | Jansen,       | Wilma | 80 | 32,20 | DSHS Köln                       |

#### W 40:

|    |       |          |    |       |               |
|----|-------|----------|----|-------|---------------|
| 1. | Wolf, | Natascha | 78 | 40,17 | DJK Villingen |
|----|-------|----------|----|-------|---------------|

#### W 45:

|    |          |          |    |       |                  |
|----|----------|----------|----|-------|------------------|
| 1. | Schardt, | Bettina  | 72 | 41,11 | TG Mannheim      |
| 2. | Telge,   | Kristina | 70 | 35,85 | TV Alzey         |
| 3. | Ansel,   | Renate   | 74 | 35,44 | VfL Sindelfingen |
| 4. | Schiele, | Ulrike   | 70 | 19,95 | Unterländer LG   |

#### W 50:

|    |          |        |    |       |                         |
|----|----------|--------|----|-------|-------------------------|
| 1. | Borutta, | Anette | 69 | 31,37 | RKS Phoenix Mutterstadt |
|----|----------|--------|----|-------|-------------------------|

#### W 55:

|    |              |          |    |       |                         |
|----|--------------|----------|----|-------|-------------------------|
| 1. | Klein-Raber, | Margret  | 64 | 43,95 | LC Rehlingen            |
| 2. | Metzger,     | Patricia | 64 | 25,25 | LC Rehlingen            |
| 3. | Kohl,        | Annette  | 63 | 24,70 | RKS Phoenix Mutterstadt |

#### W 70:

|    |       |         |    |       |                         |
|----|-------|---------|----|-------|-------------------------|
| 1. | Böhm, | Gertrud | 49 | 23,45 | RKS Phoenix Mutterstadt |
|----|-------|---------|----|-------|-------------------------|

## Kugelstoßen

### Männliche Klassen:

Männer:

|    |         |        |    |       |                           |
|----|---------|--------|----|-------|---------------------------|
| 1. | Karch,  | Holger | 79 | 11,02 | RKS Phoenix Mutterstadt   |
| -  | Arendt, | Maik   | 79 | abg.  | LG Baar-LV Donaueschingen |

M 35:

|    |          |           |    |       |                         |
|----|----------|-----------|----|-------|-------------------------|
| 1. | Zachrau, | Dominique | 81 | 10,20 | RKS Phoenix Mutterstadt |
|----|----------|-----------|----|-------|-------------------------|

M 40:

|    |         |        |    |       |                           |
|----|---------|--------|----|-------|---------------------------|
| 1. | Karch,  | Holger | 79 | 11,13 | RKS Phoenix Mutterstadt   |
| -  | Arendt, | Maik   | 79 | abg.  | LG Baar-LV Donaueschingen |

M 50:

|   |          |           |    |      |                |
|---|----------|-----------|----|------|----------------|
| - | Schiele, | Hans-Jörg | 65 | abg. | Unterländer LG |
|---|----------|-----------|----|------|----------------|

M 60:

|    |             |         |    |       |                         |
|----|-------------|---------|----|-------|-------------------------|
| 1. | Gundermann, | Norbert | 56 | 10,03 | RKS Phoenix Mutterstadt |
|----|-------------|---------|----|-------|-------------------------|

M 65:

|    |        |          |    |      |                         |
|----|--------|----------|----|------|-------------------------|
| 1. | Rhaue, | Reinhard | 52 | 9,06 | RKS Phoenix Mutterstadt |
|----|--------|----------|----|------|-------------------------|

M 70:

|    |          |          |    |       |                         |
|----|----------|----------|----|-------|-------------------------|
| 1. | Zachrau, | Gerhard  | 49 | 11,69 | RKS Phoenix Mutterstadt |
| 2. | Wörner,  | Waldemar | 45 | 10,03 | SV Sohren               |
| -  | Hummer,  | Joseph   | 46 | abg.  | RV Germania Trier       |

## Kugelstoßen

### Weibliche Klassen:

Damen:

|    |               |           |    |       |                                 |
|----|---------------|-----------|----|-------|---------------------------------|
| 1. | Schiele,      | Katharina | 00 | 12,26 | Unterländer LG                  |
| 2. | Jansen,       | Wilma     | 80 | 12,16 | DSHS Köln                       |
| 3. | Reuschenbach, | Anne      | 80 | 9,59  | LG Bad Soden-Sulzbach-Neuenhain |
| 4. | Ansel,        | Renate    | 74 | 8,69  | VfL Sindelfingen                |

W 35:

|    |               |       |    |       |                                 |
|----|---------------|-------|----|-------|---------------------------------|
| 1. | Jansen,       | Wilma | 80 | 12,45 | DSHS Köln                       |
| 1. | Reuschenbach, | Anne  | 80 | 9,60  | LG Bad Soden-Sulzbach-Neuenhain |

W 40:

|   |       |          |    |      |               |
|---|-------|----------|----|------|---------------|
| - | Wolf, | Natascha | 78 | abg. | DJK Villingen |
|---|-------|----------|----|------|---------------|

W 45:

|    |        |        |    |      |                  |
|----|--------|--------|----|------|------------------|
| 1. | Ansel, | Renate | 74 | 8,70 | VfL Sindelfingen |
|----|--------|--------|----|------|------------------|

W 55:

|    |                      |    |       |                         |
|----|----------------------|----|-------|-------------------------|
| 1. | Klein-Raber, Margret | 64 | 11,95 | LC Rehlingen            |
| 2. | Kohl, Annette        | 63 | 7,40  | RKS Phoenix Mutterstadt |
| 3. | Metzger, Patricia    | 64 | 6,25  | LC Rehlingen            |

W 70:

|    |               |    |      |                         |
|----|---------------|----|------|-------------------------|
| 1. | Böhm, Gertrud | 49 | 5,00 | RKS Phoenix Mutterstadt |
|----|---------------|----|------|-------------------------|

## Diskuswerfen

### Männliche Klassen:

Männer:

|    |               |    |       |                           |
|----|---------------|----|-------|---------------------------|
| 1. | Karch, Holger | 79 | 30,00 | RKS Phoenix Mutterstadt   |
| -  | Arendt, Maik  | 79 | abg.  | LG Baar-LV Donaueschingen |

M 35:

|   |                    |    |      |                         |
|---|--------------------|----|------|-------------------------|
| - | Zachrau, Dominique | 81 | abg. | RKS Phoenix Mutterstadt |
|---|--------------------|----|------|-------------------------|

M 40:

|    |               |    |       |                           |
|----|---------------|----|-------|---------------------------|
| 1. | Karch, Holger | 79 | 30,78 | RKS Phoenix Mutterstadt   |
| -  | Arendt, Maik  | 79 | abg.  | LG Baar-LV Donaueschingen |

M 50:

|    |                    |    |       |                |
|----|--------------------|----|-------|----------------|
| 1. | Schiele, Hans-Jörg | 65 | 31,96 | Unterländer LG |
|----|--------------------|----|-------|----------------|

M 60:

|    |                     |    |       |                         |
|----|---------------------|----|-------|-------------------------|
| 1. | Gundermann, Norbert | 56 | 32,17 | RKS Phoenix Mutterstadt |
|----|---------------------|----|-------|-------------------------|

M 65:

|    |                 |    |       |                         |
|----|-----------------|----|-------|-------------------------|
| 1. | Rhaue, Reinhard | 52 | 28,48 | RKS Phoenix Mutterstadt |
|----|-----------------|----|-------|-------------------------|

M 70:

|    |                  |    |        |                         |
|----|------------------|----|--------|-------------------------|
| 1. | Wörner, Waldemar | 45 | 31,93  | SV Sohren               |
| -  | Zachrau, Gerhard | 49 | o.g.V. | RKS Phoenix Mutterstadt |

## Diskuswerfen

### Weibliche Klassen:

Damen:

|    |                    |    |       |                                 |
|----|--------------------|----|-------|---------------------------------|
| 1. | Schardt, Bettina   | 72 | 39,41 | TG Mannheim                     |
| 2. | Reuschenbach, Anne | 80 | 31,10 | LG Bad Soden-Sulzbach-Neuenhain |
| 3. | Wolf, Natascha     | 78 | 30,67 | DJK Villingen                   |
| 4. | Ansel, Renate      | 74 | 30,45 | VfL Sindelfingen                |
| 5. | Kohl, Annette      | 63 | 14,46 | RKS Phoenix Mutterstadt         |
| 6. | Metzger, Patricia  | 64 | 13,13 | LC Rehlingen                    |

|       |                    |          |    |       |                                 |
|-------|--------------------|----------|----|-------|---------------------------------|
| W 35: |                    |          |    |       |                                 |
| 1.    | Reuschenbach, Anne |          | 80 | 32,59 | LG Bad Soden-Sulzbach-Neuenhain |
| W 40: |                    |          |    |       |                                 |
| 1.    | Wolf,              | Natascha | 78 | 32,07 | DJK Villingen                   |
| W 45: |                    |          |    |       |                                 |
| 1.    | Schardt,           | Bettina  | 72 | 40,50 | TG Mannheim                     |
| 3.    | Ansel,             | Renate   | 74 | 30,73 | VfL Sindelfingen                |
| W 55: |                    |          |    |       |                                 |
| 1.    | Klein-Raber,       | Margret  | 64 | 31,66 | LC Rehlingen                    |
| 2.    | Metzger,           | Patricia | 64 | 15,83 | LC Rehlingen                    |
| 3.    | Kohl.              | Annette  | 63 | 15.26 | RKS Phoenix Mutterstadt         |

## Speerwerfen

### Männliche Klassen:

|         |                    |           |    |       |                           |
|---------|--------------------|-----------|----|-------|---------------------------|
| Männer: |                    |           |    |       |                           |
| 1.      | Karch,             | Holger    | 79 | 34,01 | RKS Phoenix Mutterstadt   |
| -       | Arendt,            | Maik      | 79 | abg.  | LG Baar-LV Donaueschingen |
| M 35:   |                    |           |    |       |                           |
| -       | Zachrau,           | Dominique | 81 | abg.  | RKS Phoenix Mutterstadt   |
| M 40:   |                    |           |    |       |                           |
| 1.      | Karch,             | Holger    | 79 | 34,12 | RKS Phoenix Mutterstadt   |
| -       | Arendt,            | Maik      | 79 | abg.  | LG Baar-LV Donaueschingen |
| M 50:   |                    |           |    |       |                           |
| -       | Schiele,           | Hans-Jörg | 65 | abg.  | Unterländer LG            |
| M 60:   |                    |           |    |       |                           |
| 1.      | Gundermann,Norbert |           | 56 | 22,92 | RKS Phoenix Mutterstadt   |
| M 65:   |                    |           |    |       |                           |
| 1.      | Rhaue,             | Reinhard  | 52 | 30,20 | RKS Phoenix Mutterstadt   |
| M 70:   |                    |           |    |       |                           |
| 1.      | Wörner,            | Waldemar  | 45 | 27,38 | SV Sohren                 |
| 2.      | Zachrau,           | Gerhard   | 49 | 25,40 | RKS Phoenix Mutterstadt   |

## Speerwerfen

### Weibliche Klassen:

|        |               |    |       |                  |  |
|--------|---------------|----|-------|------------------|--|
| Damen: |               |    |       |                  |  |
| 1.     | Ansel, Renate | 74 | 21,04 | VfL Sindelfingen |  |

|       |                      |    |  |        |                                 |
|-------|----------------------|----|--|--------|---------------------------------|
| W 35: |                      |    |  |        |                                 |
| -     | Reuschenbach, Anne   | 80 |  | o.g.V. | LG Bad Soden-Sulzbach-Neuenhain |
| W 40: |                      |    |  |        |                                 |
| -     | Wolf, Natascha       | 78 |  | abg.   | DJK Villingen                   |
| W 45: |                      |    |  |        |                                 |
| 1.    | Ansel, Renate        | 74 |  | 23,59  | VfL Sindelfingen                |
| W 55: |                      |    |  |        |                                 |
| 1.    | Klein-Raber, Margret | 64 |  | 27,02  | LC Rehlingen                    |
| 2.    | Kohl, Annette        | 63 |  | 13,55  | RKS Phoenix Mutterstadt         |
| 3.    | Metzger, Patricia    | 64 |  | 11,87  | LC Rehlingen                    |

## Gewichtwerfen

### Männliche Klassen:

|         |                     |    |  |       |                           |
|---------|---------------------|----|--|-------|---------------------------|
| Männer: |                     |    |  |       |                           |
| 1.      | Karch, Holger       | 79 |  | 12,47 | RKS Phoenix Mutterstadt   |
| 2.      | Arendt, Maik        | 79 |  | 9,35  | LG Baar-LV Donaueschingen |
| M 35:   |                     |    |  |       |                           |
| -       | Zachrau, Dominique  | 81 |  | abg.  | RKS Phoenix Mutterstadt   |
| M 40:   |                     |    |  |       |                           |
| 1.      | Karch, Holger       | 79 |  | 13,00 | RKS Phoenix Mutterstadt   |
| 2.      | Arendt, Maik        | 79 |  | 9,38  | LG Baar-LV Donaueschingen |
| M 45:   |                     |    |  |       |                           |
| 1.      | Münch, Stefan       | 70 |  | 9,35  | TV Niederwürzbach         |
| M 50:   |                     |    |  |       |                           |
| -       | Schiele, Hans-Jörg  | 65 |  | abg.  | Unterländer LG            |
| M 60:   |                     |    |  |       |                           |
| 1.      | Gundermann, Norbert | 56 |  | 11,67 | RKS Phoenix Mutterstadt   |
| M 65:   |                     |    |  |       |                           |
| 1.      | Rhaue, Reinhard     | 52 |  | 10,39 | RKS Phoenix Mutterstadt   |
| M 70:   |                     |    |  |       |                           |
| 1.      | Zachrau, Gerhard    | 49 |  | 16,26 | RKS Phoenix Mutterstadt   |
| 2.      | Wörner, Waldemar    | 45 |  | 13,62 | SV Sohren                 |

## Gewichtwerfen

### Weibliche Klassen:

Damen:

|    |                    |    |       |                                 |
|----|--------------------|----|-------|---------------------------------|
| 1. | Schardt, Bettina   | 72 | 12,47 | TG Mannheim                     |
| 2. | Ansel, Renate      | 74 | 12,05 | VfL Sindelfingen                |
| 3. | Reuschenbach, Anne | 80 | 10,51 | LG Bad Soden-Sulzbach-Neuenhain |

W 35:

|    |                    |    |       |                                 |
|----|--------------------|----|-------|---------------------------------|
| 1. | Reuschenbach, Anne | 80 | 10,55 | LG Bad Soden-Sulzbach-Neuenhain |
|----|--------------------|----|-------|---------------------------------|

W 40:

|   |                |    |      |               |
|---|----------------|----|------|---------------|
| - | Wolf, Natascha | 78 | abg. | DJK Villingen |
|---|----------------|----|------|---------------|

W 45:

|    |                  |    |       |                  |
|----|------------------|----|-------|------------------|
| 1. | Schardt, Bettina | 72 | 13,08 | TG Mannheim      |
| 2. | Ansel, Renate    | 74 | 12,28 | VfL Sindelfingen |

W 55:

|    |                      |    |       |                         |
|----|----------------------|----|-------|-------------------------|
| 1. | Klein-Raber, Margret | 64 | 15,00 | LC Rehlingen            |
| 2. | Kohl, Annette        | 63 | 8,55  | RKS Phoenix Mutterstadt |
| 3. | Metzger, Patricia    | 64 | 7,95  | LC Rehlingen            |

### Wurf-Fünfkampf:

(Reihenfolge: Hammer-Kugel-Diskus-Speer-Gewicht)

M 40:

|    |                         |    |                                       |
|----|-------------------------|----|---------------------------------------|
| 1. | Karch, Holger           | 79 | <b>2.800 Punkte</b>                   |
|    | RKS Phoenix Mutterstadt |    | 37,13 + 11,13 + 30,78 + 34,12 + 13,00 |

M 60:

|    |                         |    |                                       |
|----|-------------------------|----|---------------------------------------|
| 1. | Gundermann, Norbert     | 56 | <b>2.576 Punkte</b>                   |
|    | RKS Phoenix Mutterstadt |    | 29,34 + 10,03 + 32,17 + 22,92 + 11,67 |

M 65:

|    |                         |    |                                      |
|----|-------------------------|----|--------------------------------------|
| 1. | Rhaue, Reinhard         | 52 | <b>2.773 Punkte</b>                  |
|    | RKS Phoenix Mutterstadt |    | 28,11 + 9,06 + 28,48 + 30,20 + 10,39 |

M 70:

|    |                         |    |                                       |
|----|-------------------------|----|---------------------------------------|
| 1. | Zachrau, Gerhard        | 49 | <b>3.165 Punkte</b>                   |
|    | RKS Phoenix Mutterstadt |    | 46,03 + 11,69 + 0 + 25,40 + 16,26     |
| 2. | Wörner, Waldemar        | 45 | <b>3.300 Punkte</b>                   |
|    | SV Sohren               |    | 34,03 + 10,03 + 31,93 + 27,38 + 12,62 |

W 45:

|    |                  |    |                                      |
|----|------------------|----|--------------------------------------|
| 1. | Ansel, Renate    | 74 | <b>3.298 Punkte</b>                  |
|    | VfL Sindelfingen |    | 35,44 + 8,70 + 30,73 + 23,59 + 12,28 |

W 55:

|    |                                          |    |                                                                |
|----|------------------------------------------|----|----------------------------------------------------------------|
| 1. | Klein-Raber, Margret<br>LC Rehlingen     | 64 | <b>4.633 Punkte</b><br>$43,95 + 11,95 + 31,66 + 27,02 + 15,00$ |
| 2. | Kohl, Annette<br>RKS Phoenix Mutterstadt | 63 | <b>2.283 Punkte</b><br>$24,70 + 7,40 + 15,26 + 13,55 + 8,55$   |
| 3. | Metzger, Patricia<br>LC Rehlingen        | 64 | <b>2.119 Punkte</b><br>$25,25 + 6,25 + 15,83 + 11,87 + 7,95$   |