

**Results Deutsche Crosslauf-Meisterschaften 2019 / Senioren M60 bis M90, Seniorinnen W50 bis W90****Lauf 1****M60**

res. AG	bib	name	fed.	sports club	yob	result	time
1	148	Stoll, Christian	HE	TV Waldstraße Wiesbaden	1959	1	00:19:56
2	63	Winter, Manfred	BY	MBB-SG Augsburg	1958	2	00:20:50
3	96	Przybyla, Richard	BY	LAZ Obernburg-Miltenberg	1957	3	00:20:52
4	99	Brigl, Johann	BY	MTV 1862 Pfaffenhofen	1956	4	00:20:53
5	193	Keller, Jürgen	WÜ	LG Filstal	1959	6	00:21:02
6	103	Gröschl, Anton	BY	PTSV Rosenheim	1959	7	00:21:08
7	174	Jöxen, Willi	RL	LG Vulkaneifel	1959	8	00:21:16
8	43	Bruns, Michael	BR	LG Buntentor Roadrunners	1959	9	00:21:19
9	68	Bouricha-Hörmann, Hans	BY	FC Ebershausen	1958	10	00:21:22
10	176	Luxen, Richard	RL	LG Vulkaneifel	1959	13	00:21:41
11	175	Lieder, Viktor	RL	LG Vulkaneifel	1957	14	00:21:53
12	50	Hörmann, Otto	BY	LG Allgäu	1955	17	00:22:00
13	48	Fischer, Georg	BY	LG Allgäu	1958	18	00:22:03
14	95	Haas, Siegfried	BY	RSC Neukirchen	1956	23	00:22:52
15	52	Leonhard, Wolfgang	BY	LG Allgäu	1956	24	00:22:55
16	69	Kraus, Ernst	BY	FC Ebershausen	1957	28	00:22:59
17	70	Schweitzer, Reiner	BY	FC Ebershausen	1958	30	00:23:02
18	102	Flöß, Peter	BY	PTSV Rosenheim	1956	35	00:23:15
19	113	Flexeder, Gerhard	BY	SVG Ruhstorf/Rott	1956	38	00:23:17
20	130	Bode, Gereon	HE	KSV Baunatal	1957	41	00:23:25
21	33	Seelinger, Berthold	BA	LT Unterkirnach	1956	47	00:23:37
22	191	Geib, Walter	WÜ	TF Feuerbach	1956	59	00:24:10
23	75	Fritsch, Peter	BY	SG Indersdorf	1958	62	00:24:22
24	55	Rothermel, Bernhard	BY	LG Allgäu	1958	72	00:25:00
25	158	Enk, Werner	NO	DJK Lowick	1959	74	00:25:06
26	122	Weps, Anton	BY	SVG Ruhstorf/Rott	1955	82	00:25:49
27	156	Nolte, Rolf	NI	TSV Eintracht Wolfshagen	1955	85	00:26:01
28	42	Dietrich, Ralf	BE	Turngemeinde in Berlin	1955	93	00:26:30
29	190	Ziller, Klaus	WÜ	LAC Degerloch	1956	111	00:28:08
30	197	Schöffel, Stefan	WÜ	TSV Schmidlen	1959	113	00:28:42

Starter 30

**M65**

res. AG	bib	name	fed.	sports club	yob	result	time
1	119	Lang, Ludwig	BY	SVG Ruhstorf/Rott	1954	5	00:21:00
2	98	Mann, Hugo	BY	TSV Penzberg	1954	11	00:21:25
3	37	Kreidner, Helmut	BE	LTC Berlin	1954	12	00:21:39
4	179	Dietrich, Jörg	SL	LC Rehlingen	1954	15	00:21:55
5	34	Vetter, Albert-Eugen	BA	LT Unterkirnach	1954	20	00:22:30
6	97	Metzker, Herbert	BY	TSV Ottobrunn	1952	22	00:22:30
7	66	Vogler, Reinhart	BY	TV Bad Brückenau	1950	25	00:22:56

1	148	Stoll, Christian	HE	TV Waldstraße Wiesbaden	1959	1	00:19:56
8	58	Wimmer, Alois	BY	Arnstorfer LG	1951	27	00:22:58
9	146	Schüttler, Wilhelm	HE	TV Waldstraße Wiesbaden	1954	29	00:23:00
10	112	Daudrich, Viktor	BY	SVG Ruhstorf/Rott	1950	31	00:23:04
11	76	Seitz, Gerhard	BY	SG Indersdorf	1954	32	00:23:10
12	177	Bossert, Ralf	RL	LG Westerwald	1951	34	00:23:14
13	143	Berg, Walter	HE	TV Waldstraße Wiesbaden	1952	36	00:23:15
14	92	Steinfeld, Peter	BY	LG Stadtwerke München	1954	37	00:23:15
15	38	Neumann, Helmut	BE	LTC Berlin	1953	61	00:24:20
16	147	Semmel, Peter	HE	TV Waldstraße Wiesbaden	1952	71	00:24:59
17	161	Groos, Martin	NO	TV Refrath	1953	90	00:26:14
18	31	Blum, Siegfried	BA	LT Unterkirnach	1950	91	00:26:24
19	196	Bass, Roland	WÜ	ASV Scheppach-Adolzfurt	1954	105	00:27:28
20	172	Zimmermann, Peter	RL	VfL Bad Kreuznach	1950	122	00:29:55

Starter 20

### M70

res.	AG	bib	name	fed.	sports club	yob	result	time
1		149	Stroeve, Heinz	NI	SC Union Emlichheim	1949	33	00:23:13
2		100	Herzgsell, Franz	BY	LG Reischenau-Zusamtal	1949	50	00:23:45
3		117	Huber, Dr. Wolfgang	BY	SVG Ruhstorf/Rott	1945	54	00:23:58
4		41	Kyborg, Horst	BE	SC Siemensstadt Berlin	1947	57	00:24:08
5		62	Speer, Peter	BY	MBB-SG Augsburg	1949	66	00:24:41
6		151	Lutz, Wolfgang	NI	TSV Kirchdorf	1949	73	00:25:01
7		35	Kollhammer, Dieter	BE	LC Marathonia Berlin	1946	78	00:25:35
8		185	Huesker, Bernd	WE	LSF Münster	1949	86	00:26:02
9		56	Stadler, Alfred	BY	LG Allgäu	1949	87	00:26:05
10		118	Knollmüller, Ludwig	BY	SVG Ruhstorf/Rott	1949	88	00:26:06
11		74	Stümpfle, Franz	BY	TV Geiselhöring	1946	94	00:26:33
12		59	Ackermann, Wilfried	BY	LG LKr Aschaffenburg	1949	100	00:27:11
13		47	Mähringer, Raimund	BY	DJK Allersberg	1948	108	00:27:38
14		171	Reich, Josef	PF	VT Zweibrücken	1948	109	00:27:40
15		40	Klammer, Ewald	BE	PSB 24 Berlin	1947	110	00:27:46
16		152	Salzmann, Rolf	NI	TSV Kirchdorf	1947	123	00:29:59
17		184	Heimes, Dirk	WE	Ski-Club Fretter	1949	132	00:31:10
18		138	Ebhardt, Wilfried	HE	Laufteam Kassel	1948	134	00:31:40
19		150	Asche, Wolfgang	NI	TSV Kirchdorf	1949	139	00:33:46
20		140	Wetzke, Walter	HE	Laufteam Kassel	1946	141	00:34:34

Starter 20

### M75

res.	AG	bib	name	fed.	sports club	yob	result	time
1		195	Schlenker, Edmund	WÜ	VfL Ostelsheim	1944	81	00:25:41
2		30	Schäfer, Hans-Gerd	BA	FT Freiburg	1944	89	00:26:10
3		61	Wilhelm, Gerd	BY	LG LKr Aschaffenburg	1941	103	00:27:21
4		84	Paluszynski, Hans	BY	FT Jahn Landsberg	1944	112	00:28:11

1	148 Stoll, Christian	HE	TV Waldstraße Wiesbaden	1959	1	00:19:56
5	198 Seiffert, Gerold	WÜ	SWU SKF	1940	117	00:29:29
6	180 Herrmann, Johannes	SL	LSG Schmelz-Hüttersdorf	1941	120	00:29:46
7	111 Buchlin, Pierre	BY	SVG Ruhstorf/Rott	1942	121	00:29:48
8	170 Meixner, Dieter	PF	1.FC Kaiserslautern	1944	124	00:30:08
9	60 Gündling, Norbert	BY	LG LKr Aschaffenburg	1940	131	00:30:41
10	186 Kreienbaum, Bernhard	WE	LSF Münster	1942	137	00:33:14
11	139 Kropsch, Klaus	HE	Laufteam Kassel	1944	140	00:33:49
12	128 Huber, Andreas	BY	TSV Wolfratshausen	1941	147	00:38:15

Starter 12

### M80

res. AG	bib	name	fed.	sports club	yob	result	time
1	80	Walter, Albert	BY	MTV 1881 Ingolstadt	1939	97	00:27:04
2	182	Krauß, Raimund	TH	LV Einheit Greiz	1939	118	00:29:39
3	181	Bendel, Siegfried	ST	SG Chemie Zeitz	1939	128	00:30:28
4	1504	Ehlers, Wilhelm	NO	Alfterer Sportclub	1935	129	00:30:33
5	142	Schultze, Theo	HE	TSV 09 Twiste	1938	144	00:35:31
6	188	Schäfers, Gottfried	WE	LSF Münster	1938	145	00:35:50

Starter 6

### W50

res. AG	bib	name	fed.	sports club	yob	result	time
1	124	Weber, Anita	BY	FTSV Straubing	1968	16	00:21:57
2	78	Borris, Stefanie	BY	MTV 1881 Ingolstadt	1969	19	00:22:05
3	49	Gundel, Alexandra	BY	LG Allgäu	1969	21	00:22:30
4	192	Keller, Elke	WÜ	LG Filstal	1966	26	00:22:56
5	82	Sporkert, Sibylle	BY	SLC Kirchberg	1966	39	00:23:21
6	144	Martens, Vera	HE	TV Waldstraße Wiesbaden	1969	43	00:23:27
7	39	Maecker, Antonia	BE	OSC Berlin	1969	44	00:23:33
8	160	Willemsen, Helga	NO	DJK Lowick	1969	49	00:23:45
9	162	Janz, Karin	NO	TV Refrath	1966	51	00:23:46
10	104	Hobmaier, Josefine	BY	PTSV Rosenheim	1965	53	00:23:52
11	135	Cymanek, Jutta	HE	TuS Griesheim	1967	55	00:24:00
12	178	Kayßer, Petra	SH	Sport-Club Itzehoe	1965	58	00:24:09
13	105	Kleibel, Ursula	BY	PTSV Rosenheim	1969	64	00:24:24
14	163	Remshagen, Doris	NO	TV Refrath	1967	65	00:24:39
15	120	Paternoster, Bettina	BY	SVG Ruhstorf/Rott	1966	67	00:24:44
16	159	Uebbing, Sylvia	NO	DJK Lowick	1967	70	00:24:54
17	137	Schoormann, Vera	HE	TuS Griesheim	1965	76	00:25:10
18	87	Reißinger, Christine	BY	Mannschaft ohne Namen	1969	80	00:25:37
19	57	Unterholzner, Maria	BY	TV Altötting	1968	104	00:27:22
20	88	Knollhuber, Ingrid	BY	LG Mettenheim	1966	127	00:30:24

Starter 20

### W55

res. AG	bib	name	fed.	sports club	yob	result	time
1	148	Stoll, Christian	HE	TV Waldstraße Wiesbaden	1959	1	00:19:56
1	155	Klostermann, Waltraud	NI	TV Norden	1960	40	00:23:21
2	101	Fidjeland, Julika	BY	PTSV Rosenheim	1961	42	00:23:27
3	133	Hock, Stefanie	HE	ASC Darmstadt	1963	45	00:23:36
4	109	Rupp, Brigitte	BY	TSG 08 Roth	1960	46	00:23:36
5	136	Peters-Karbstein, Marion	HE	TuS Griesheim	1964	48	00:23:43
6	51	Kraus, Sabine	BY	LG Allgäu	1963	60	00:24:19
7	91	Körner, Stefanie	BY	LG Stadtwerke München	1962	63	00:24:22
8	167	Seegers, Claudia	NO	Turn-u.Spielv. Weeze 1910/19	1962	79	00:25:36
9	165	Hermann, Anita	NO	Turn-u.Spielv. Weeze 1910/19	1961	83	00:25:50
10	90	Tischler, Manuela	BY	LG Mettenheim	1961	92	00:26:27
11	86	Dinkelmeyer, Monika	BY	Mannschaft ohne Namen	1963	95	00:26:46
12	121	Röckl, Brigitte	BY	SVG Ruhstorf/Rott	1961	96	00:26:49
13	129	Pilsl, Andrea	BY	LG Wolfstein	1963	99	00:27:09
14	189	Steininger, Heike	WÜ	TG Bad Waldsee 1848	1963	101	00:27:17
15	116	Holzbauer, Eva-Maria	BY	SVG Ruhstorf/Rott	1962	106	00:27:28
16	77	Bischoff, Iris	BY	MTV 1881 Ingolstadt	1962	125	00:30:19

Starter 16

### W60

res. AG	bib	name	fed.	sports club	yob	result	time
1	134	Wagener, Conny	HE	LC Eschenburg	1956	52	00:23:48
2	164	Wietscher, Antje	NO	TV Refrath	1956	56	00:24:05
3	89	Sachs, Christine	BY	LG Mettenheim	1957	75	00:25:06
4	114	Flexeder, Sieglinde	BY	SVG Ruhstorf/Rott	1959	77	00:25:16
5	126	Liebhart, Anke	BY	Laufgem. Wehringen	1959	102	00:27:19

Starter 5

### W65

res. AG	bib	name	fed.	sports club	yob	result	time
1	79	Kolesa, Gerlinde	BY	MTV 1881 Ingolstadt	1954	68	00:24:47
2	141	Göttbauer, Margret	HE	LG Bad Soden/Sulzbach/Neuenhain	1952	69	00:24:49
3	32	Ganter, Elfriede	BA	LT Unterkirnach	1953	84	00:25:54
4	45	Bergmann, Herta	BY	LC Aichach	1951	98	00:27:06
5	36	Sarasa, Marion	BE	LC Ron-Hill Berlin	1952	107	00:27:35
6	173	Hartenberger, Lilo	RL	LAZ Birkenfeld	1950	114	00:28:52
7	107	Rothberger, Karin	BY	PTSV Rosenheim	1952	119	00:29:42
8	115	Grasmann, Edith	BY	SVG Ruhstorf/Rott	1952	130	00:30:38
9	83	Nissl, Erna	BY	TV Kraiburg	1954	133	00:31:21
10	131	Gödel, Marianne	HE	KSV Baunatal	1951	135	00:31:45

Starter 10

### W70

res. AG	bib	name	fed.	sports club	yob	result	time
1	145	Ritschel, Anja	HE	TV Waldstraße Wiesbaden	1946	115	00:28:55

1	148 Stoll, Christian	HE	TV Waldstraße Wiesbaden	1959	1	00:19:56
2	168 Spronk, Marianne	NO	Turn-u.Spielv. Weeze 1910/19	1948	126	00:30:19
3	46 Christl, Resi	BY	LC Aichach	1948	136	00:32:30
4	44 Bauer, Leni	BY	LC Aichach	1945	138	00:33:41
5	187 Rother, Marion	WE	LSF Münster	1946	142	00:34:41
6	123 Biermanski, Brigitta	BY	TSV 1880 Starnberg e.V.	1949	143	00:34:54

Starter 6

### W75

res. AG	bib	name	fed.	sports club	yob	result	time
1	81	Vogler, Sibylle	BY	SC Kemmern	1944	116	00:29:20
2	166	Schäfer, Elsbeth	NO	Turn-u.Spielv. Weeze 1910/19	1942	146	00:36:27

Starter 2

**Gesamt: 147**

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Senioren M60 bis M90, Seniorinnen W50 bis W90****Team: M60/M65****Special classification:****1. LG Vulkaneifel****Result: 35**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
174	Jöxen, Willi	1959	M60	8	7	RL	4:10	14.39	00:21:16
176	Luxen, Richard	1959	M60	13	10	RL	4:15	14.11	00:21:41
175	Lieder, Viktor	1957	M60	14	11	RL	4:17	13.98	00:21:53

**2. LG Allgäu****Result: 54**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
50	Hörmann, Otto	1955	M60	17	12	BY	4:18	13.91	00:22:00
48	Fischer, Georg	1958	M60	18	13	BY	4:19	13.88	00:22:03
52	Leonhard, Wolfgang	1956	M60	24	15	BY	4:29	13.35	00:22:55

**3. TV Waldstraße Wiesbaden****Result: 57**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
148	Stoll, Christian	1959	M60	1	1	HE	3:54	15.35	00:19:56
146	Schüttler, Wilhelm	1954	M65	29	9	HE	4:30	13.3	00:23:00
143	Berg, Walter	1952	M65	36	13	HE	0:00	0	00:23:15

**4. FC Ebershausen****Result: 60**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
68	Bouricha-Hörmann, Hans	1958	M60	10	9	BY	4:11	14.32	00:21:22
69	Kraus, Ernst	1957	M60	28	16	BY	4:30	13.31	00:22:59
70	Schweitzer, Reiner	1958	M60	30	17	BY	4:31	13.29	00:23:02

**5. SVG Ruhstorf/Rott****Result: 65**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
119	Lang, Ludwig	1954	M65	5	1	BY	4:07	14.57	00:21:00
112	Daudrich, Viktor	1950	M65	31	10	BY	4:31	13.27	00:23:04
113	Flexeder, Gerhard	1956	M60	38	19	BY	4:34	13.14	00:23:17

**6. LT Unterkirnach****Result: 98**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
34	Vetter, Albert-Eugen	1954	M65	20	5	BA	4:24	13.6	00:22:30
33	Seelinger, Berthold	1956	M60	47	21	BA	4:37	12.96	00:23:37
31	Blum, Siegfried	1950	M65	91	18	BA	5:10	11.59	00:26:24

Teams 6

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Senioren M60 bis M90, Seniorinnen W50 bis W90****Team: M70 bis M90****Special classification:****1. SVG Ruhstorf/Rott****Result: 38**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
117	Huber, Dr. Wolfgang	1945	M70	54	3	BY	4:42	12.77	00:23:58
118	Knollmüller, Ludwig	1949	M70	88	10	BY	5:07	11.72	00:26:06
111	Buchlin, Pierre	1942	M75	121	7	BY	5:50	10.27	00:29:48

**2. LG LKr Aschaffenburg****Result: 60**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
59	Ackermann, Wilfried	1949	M70	100	12	BY	5:19	11.26	00:27:11
61	Wilhelm, Gerd	1941	M75	103	3	BY	5:21	11.19	00:27:21
60	Gündling, Norbert	1940	M75	131	9	BY	6:01	9.97	00:30:41

**3. TSV Kirchdorf****Result: 64**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
151	Lutz, Wolfgang	1949	M70	73	6	NI	4:54	12.23	00:25:01
152	Salzmann, Rolf	1947	M70	123	16	NI	5:52	10.21	00:29:59
150	Asche, Wolfgang	1949	M70	139	19	NI	6:37	9.06	00:33:46

**4. LSF Münster****Result: 78**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
185	Huesker, Bernd	1949	M70	86	8	WE	5:05	11.75	00:26:02
186	Kreienbaum, Bernhard	1942	M75	137	10	WE	6:31	9.21	00:33:14
188	Schäfers, Gottfried	1938	M80	145	6	WE	7:01	8.54	00:35:50

**5. Laufteam Kassel****Result: 100**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
138	Ebhardt, Wilfried	1948	M70	134	18	HE	6:12	9.66	00:31:40
139	Kropsch, Klaus	1944	M75	140	11	HE	6:37	9.05	00:33:49
140	Wetzke, Walter	1946	M70	141	20	HE	6:46	8.85	00:34:34

Teams 5

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Senioren M60 bis M90, Seniorinnen W50 bis W90****Team: W50 bis W90****Special classification:****1. PTSV Rosenheim****Result: 45**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
101	Fidjeland, Julika	1961	W55	42	2	BY	4:35	13.05	00:23:27
104	Hobmaier, Josefine	1965	W50	53	10	BY	4:40	12.82	00:23:52
105	Kleibel, Ursula	1969	W50	64	13	BY	4:46	12.54	00:24:24

**2. TV Refrath****Result: 55**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
162	Janz, Karin	1966	W50	51	9	NO	4:39	12.88	00:23:46
164	Wietscher, Antje	1956	W60	56	2	NO	4:43	12.71	00:24:05
163	Remshagen, Doris	1967	W50	65	14	NO	4:49	12.41	00:24:39

**3. TuS Griesheim****Result: 58**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
136	Peters-Karbstein, Marion	1964	W55	48	5	HE	4:39	12.9	00:23:43
135	Cymanek, Jutta	1967	W50	55	11	HE	4:42	12.75	00:24:00
137	Schoormann, Vera	1965	W50	76	17	HE	4:55	12.16	00:25:10

**4. MTV 1881 Ingolstadt****Result: 76**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
78	Borris, Stefanie	1969	W50	19	2	BY	4:19	13.86	00:22:05
79	Kolesa, Gerlinde	1954	W65	68	1	BY	4:51	12.35	00:24:47
77	Bischoff, Iris	1962	W55	125	16	BY	5:56	10.09	00:30:19

**5. SVG Ruhstorf/Rott****Result: 91**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
120	Paternoster, Bettina	1966	W50	67	15	BY	4:50	12.37	00:24:44
114	Flexeder, Sieglinde	1959	W60	77	4	BY	4:57	12.11	00:25:16
121	Röckl, Brigitte	1961	W55	96	12	BY	5:15	11.41	00:26:49

**6. Turn-u.Spielv. Weeze 1910/19****Result: 114**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
167	Seegers, Claudia	1962	W55	79	8	NO	5:01	11.95	00:25:36
165	Hermann, Anita	1961	W55	83	9	NO	5:04	11.85	00:25:50
168	Spronk, Marianne	1948	W70	126	2	NO	5:56	10.09	00:30:19

**7. LG Mettenheim****Result: 114**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
89	Sachs, Christine	1957	W60	75	3	BY	0:00	0	00:25:06
90	Tischler, Manuela	1961	W55	92	10	BY	5:11	11.57	00:26:27
88	Knollhuber, Ingrid	1966	W50	127	20	BY	5:57	10.07	00:30:24

**8. LC Aichach****Result: 149**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
45	Bergmann, Herta	1951	W65	98	4	BY	5:18	11.29	00:27:06
46	Christl, Resi	1948	W70	136	3	BY	6:22	9.42	00:32:30
44	Bauer, Leni	1945	W70	138	4	BY	6:35	9.08	00:33:41

Teams 8



**Results Deutsche Crosslauf-Meisterschaften 2019 / Senioren M50 und M55****Lauf 2****M50**

res. AG	bib	name	fed.	sports club	yob	result	time
1	277	Seibold, Günter	WÜ	TSV Crailsheim	1967	1	00:22:43
2	209	Langer, Thomas	BY	LG Allgäu	1969	2	00:22:54
3	247	Mannweiler, Klaus	BY	TSV Wolfratshausen	1966	3	00:22:57
4	251	Riefer, Markus	HE	SSC Hanau-Rodenbach	1966	5	00:23:19
5	264	Schneider, Norbert	NO	Rhein-Berg Runners	1968	6	00:23:27
6	265	Schröder, Frank	NO	Rhein-Berg Runners	1968	8	00:23:31
7	213	Stecker, Harald	BY	LG Allgäu	1965	9	00:23:44
8	226	Schoenenborn, Olaf	BY	LG Erlangen	1969	10	00:23:59
9	205	Hollmann, Christian	BE	Weltraumjogger Berlin	1969	12	00:24:04
10	208	Feneberg, Theo	BY	LG Allgäu	1969	13	00:24:15
11	271	Pieper, Boris	WE	SV Brackwede	1969	14	00:24:16
12	236	Streicher, Josef	BY	TSV Peißenberg	1967	15	00:24:19
13	201	Bodirsky, Armin	BA	TSV 05 Rot	1969	16	00:24:20
14	231	Tymek, Mariusz	BY	Mannschaft ohne Namen	1969	19	00:24:40
15	256	Langer, Matthias	HH	Hamburger Laufladen e.V.	1967	20	00:24:43
16	257	Peters, Dirk	HH	Hamburger Laufladen e.V.	1967	21	00:24:46
17	276	Jandt, Detlef	WE	TG Witten 1848	1967	24	00:25:00
18	262	Wilmes, Heiko	NO	TV Refrath	1969	25	00:25:05
19	282	Schmider, Wolfram	WÜ	LG farbtex Nordschwarzwald	1968	26	00:25:08
20	280	Krenz, Dietmar	WÜ	LG farbtex Nordschwarzwald	1969	33	00:25:30
21	241	Grünewald, Lutz	BY	TV Riedenburg	1968	34	00:25:37
22	252	Schink, Mathias	HE	SSC Hanau-Rodenbach	1967	35	00:25:47
23	279	Blumenstock, Oliver	WÜ	TSG 1845 Heilbronn	1969	38	00:25:55
24	243	Moll, Bertram	BY	PTSV Rosenheim	1966	39	00:26:04
25	228	Cammann, Thorsten	BY	TSV Ismaning	1969	40	00:26:12
26	266	Lange, Harald	NO	OSC Waldniel	1968	41	00:26:16
27	233	Krappweis, Ralf	BY	LG Stadtwerke München	1969	42	00:26:19
28	238	Noell, Thomas	BY	SWC Regensburg	1965	43	00:26:32
29	207	Blum, Thomas	BY	LG Allgäu	1966	44	00:26:35
30	281	Pohl, Michael	WÜ	LG farbtex Nordschwarzwald	1965	45	00:26:54
31	249	Pilsl, Hubert	BY	LG Wolfstein	1965	47	00:27:01
32	261	Grunau, Manfred	NO	DJK Lowick	1967	50	00:27:36

Starter 32

**M55**

res. AG	bib	name	fed.	sports club	yob	result	time
1	242	Hobmaier, Reinmund	BY	PTSV Rosenheim	1962	4	00:23:09
2	258	Prieske, Klaus	HH	Hamburger Laufladen e.V.	1964	7	00:23:30
3	225	Herrmann, Hans Joachim	BY	LG Erlangen	1961	11	00:24:00
4	274	Scherg, Jürgen	WE	Non-Stop-Ultra	1963	17	00:24:21
5	246	Hell, Johann	BY	SpVgg Wellheim-Konstein	1964	18	00:24:31
6	244	Neudorfer, Josef	BY	SVG Ruhstorf/Rott	1961	22	00:24:55

7	200 Becht, Joachim	BA	LT Furtwangen	1961	23	00:25:00
8	260 Betting, Friedhelm	NO	DJK Lowick	1964	27	00:25:17
9	273 Zobel-Schmidt, Martin	WE	SV Brackwede	1960	28	00:25:21
10	235 Hermann, Martin	BY	TSV Peißenberg	1960	29	00:25:25
11	229 Bayerl, Georg	BY	ATSV Kallmünz	1960	30	00:25:25
12	217 Schormeier, Karlheinz	BY	TG Viktoria Augsburg	1964	31	00:25:27
13	263 Heuschen, Dirk	NO	Rhein-Berg Runners	1964	32	00:25:29
14	248 Eckmüller, Herbert	BY	LG Wolfstein	1960	36	00:25:50
15	267 Jahner, Detlef	NO	Wiehltaler Leichtathletik-Club	1964	37	00:25:52
16	272 Rohregger, Robert	WE	SV Brackwede	1964	46	00:26:54
17	223 Fiedler, Jörg	BY	LG Erlangen	1962	48	00:27:26
18	203 Renz, Oswald	BA	TSV 05 Rot	1959	49	00:27:29
19	221 Mentil, Harald	BY	Lauffeuer Chiemgau	1962	51	00:28:03
20	212 Schreiber, Jörg	BY	LG Allgäu	1963	52	00:28:37
21	245 Weber, Alfons	BY	SVG Ruhstorf/Rott	1960	53	00:28:46
22	224 Freudenberger, Hans	BY	LG Erlangen	1960	54	00:29:12
23	218 Siegmund, Thomas	BY	TG Viktoria Augsburg	1960	55	00:29:20
24	220 Hinterstocker, Hubert	BY	Lauffeuer Chiemgau	1962	56	00:29:37
25	234 Lautner, Anton	BY	TSV 1862 Neuburg	1960	57	00:30:11

Starter 25

**Gesamt: 57**

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Senioren M50 und M55**

Team: M50/M55

Special classification:

**1. LG Allgäu**

Result: 24

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
209	Langer, Thomas	1969	M50	2	2	BY	3:45	15.98	00:22:54
213	Stecker, Harald	1965	M50	9	7	BY	3:53	15.42	00:23:44
208	Feneberg, Theo	1969	M50	13	10	BY	3:58	15.09	00:24:15

**2. Rhein-Berg Runners**

Result: 46

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
264	Schneider, Norbert	1968	M50	6	5	NO	3:50	15.61	00:23:27
265	Schröder, Frank	1968	M50	8	6	NO	3:51	15.56	00:23:31
263	Heuschen, Dirk	1964	M55	32	13	NO	4:10	14.36	00:25:29

**3. Hamburger Laufladen e.V.**

Result: 48

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
258	Prieske, Klaus	1964	M55	7	2	HH	3:51	15.57	00:23:30
256	Langer, Matthias	1967	M50	20	15	HH	4:02	14.81	00:24:43
257	Peters, Dirk	1967	M50	21	16	HH	4:03	14.78	00:24:46

**4. LG Erlangen**

Result: 69

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
226	Schoenenborn, Olaf	1969	M50	10	8	BY	3:55	15.26	00:23:59
225	Herrmann, Hans Joachim	1961	M55	11	3	BY	3:55	15.25	00:24:00
223	Fiedler, Jörg	1962	M55	48	17	BY	4:30	13.34	00:27:26

**5. SV Brackwede**

Result: 88

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
271	Pieper, Boris	1969	M50	14	11	WE	3:58	15.08	00:24:16
273	Zobel-Schmidt, Martin	1960	M55	28	9	WE	4:09	14.44	00:25:21
272	Rohregger, Robert	1964	M55	46	16	WE	4:24	13.61	00:26:54

**6. LG farbtext Nordschwarzwald**

Result: 104

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
282	Schmider, Wolfram	1968	M50	26	19	WÜ	4:07	14.56	00:25:08
280	Krenz, Dietmar	1969	M50	33	20	WÜ	4:10	14.35	00:25:30
281	Pohl, Michael	1965	M50	45	30	WÜ	4:24	13.61	00:26:54

Teams 6

## Results Deutsche Crosslauf-Meisterschaften 2019 / Senioren M35 bis M45

### Lauf 3

#### M35

res.	AG	bib	name	fed.	sports club	yob	result	time
1		385	Diensthuber, Josef	WÜ	TSG Ehingen	1981	2	00:20:50
2		391	Arnold, Raphael	WÜ	LAZ Ludwigsburg	1980	3	00:21:01
3		307	Singer, Edwin	BY	LG Allgäu	1982	5	00:21:05
4		327	Middelhoff, Heiko	BY	MTV 1881 Ingolstadt	1983	6	00:21:27
5		316	Mages, Dominik	BY	SV Bergdorf-Höhn	1980	8	00:21:48
6		346	Fischer, Karsten	HE	SSC Hanau-Rodenbach	1984	9	00:21:56
7		392	Giering, Tobias	WÜ	LG farbtex Nordschwarzwald	1982	11	00:21:58
8		345	Thomas, Micha	HE	LG Eder	1984	12	00:22:03
9		374	Merk, Matthias	SL	LSG Sbr.-Sulzbachtal	1984	14	00:22:15
10		386	Härdtner, Alexander	WÜ	TSG Ehingen	1983	15	00:22:22
11		336	Enders, Marcus	BY	SC Ostheim/Rhön	1984	17	00:22:27
12		360	Radecker, Sebastian	NI	Laufclub BlueLiner	1983	18	00:22:30
13		361	Schrader, Dominik	NI	Laufclub BlueLiner	1980	22	00:22:45
14		337	Haßmüller, Tino	BY	SC Ostheim/Rhön	1981	25	00:22:51
15		348	Hersel, Lienhard	HE	SSC Hanau-Rodenbach	1980	27	00:23:00
16		347	Harland, Jörn	HE	SSC Hanau-Rodenbach	1981	29	00:23:06
17		340	Scherer, Simon	BY	LG Reischenau-Zusamtal	1983	30	00:23:08
18		329	Mittag, Thomas	BY	MTV 1881 Ingolstadt	1980	31	00:23:09
19		320	Militzke, Martin	BY	TV 1848 Coburg	1983	32	00:23:12
20		325	Friedrich, Danilo	BY	MTV 1881 Ingolstadt	1981	34	00:23:19
21		362	Wilshusen, Matthias	NI	Laufclub BlueLiner	1970	37	00:23:23
22		308	Wäger, Wolfgang	BY	LG Allgäu	1977	42	00:23:36
23		372	Lang, Tammo	SL	LSG Sbr.-Sulzbachtal	1984	46	00:23:46
24		312	Owert, Benedikt	BY	TG Viktoria Augsburg	1983	47	00:23:49
25		338	Richter, Daniel	BY	SC Ostheim/Rhön	1984	51	00:23:59
26		376	Münnich, Martin	SL	LSG Sbr.-Sulzbachtal	1976	62	00:24:35
27		310	Schwager, Stefan	BY	TSV 1860 Ansbach	1984	67	00:25:04
28		384	Bölke, Heiko	WÜ	TSG Ehingen	1984	69	00:25:14
29		330	Eibl, Markus	BY	ATSV Kallmünz	1984	71	00:25:56
30		332	Nickl, Christian	BY	ATSV Kallmünz	1984	77	00:27:10

Starter 30

#### M40

res.	AG	bib	name	fed.	sports club	yob	result	time
1		397	Schneider, Danny	WÜ	TSG Schwäbisch Hall	1978	1	00:20:46
2		334	Hillebrand, Johannes	BY	LG Stadtwerke München	1979	4	00:21:03
3		350	Seibert, Thomas	HE	SSC Hanau-Rodenbach	1979	7	00:21:39
4		355	Liston, Andrew	HE	LG Wettenberg	1978	10	00:21:56
5		321	Wittmann, Jürgen	BY	TV 1848 Coburg	1978	16	00:22:26
6		302	Hülss, Carsten	BR	LG Buntentor Roadrunners	1975	19	00:22:32
7		367	Abraham, Philippe	NO	LAC THG Kettwig	1976	21	00:22:40
8		398	Tesic, Darko	WÜ	SSV Ulm 1846	1976	24	00:22:49
9		379	Weber, Thomas	SL	LSG Sbr.-Sulzbachtal	1975	26	00:22:57
10		399	Bajrami, Arsim	WÜ	SG Weinstadt	1979	28	00:23:06
11		369	Rötsch, Christian	RL	LLG Hunsrück	1978	35	00:23:21

12	319 Finsel, Alexander	BY	TV 1848 Coburg	1976	39	00:23:27
13	356 Bäss, Jens	HE	TV Waldstraße Wiesbaden	1976	43	00:23:41
14	313 Kühnert, Florian	BY	LG Bamberg	1978	49	00:23:57
15	349 Reinke, Ingbert	HE	SSC Hanau-Rodenbach	1977	57	00:24:20
16	351 Unger, Stefan	HE	SSC Hanau-Rodenbach	1976	59	00:24:29
17	341 Rigotti, Roland	BY	TSG 08 Roth	1976	61	00:24:31
18	300 Utz, Marco	BA	Running Team Ortenau	1975	64	00:24:47
19	318 Bauer, Alexander	BY	TV 1848 Coburg	1976	65	00:24:50
20	394 Kopp, Harald	WÜ	LG farbtex Nordschwarzwald	1977	68	00:25:07
21	389 Götz, Alexander	WÜ	LAC Essingen	1978	74	00:26:08
22	378 Vonerden, Andreas	SL	LSG Sbr.-Sulzbachtal	1976	76	00:27:06
23	331 Götz, Uli	BY	ATSV Kallmünz	1977	78	00:27:46

Starter 23

M45

res. AG	bib	name	fed.	sports club	yob	result	time
1	368	Mey, Markus	NO	TV Eifeler Turnkraft Konzen	1971	13	00:22:10
2	335	Lettenmaier, Jan	BY	LG Stadtwerke München	1970	20	00:22:37
3	301	Eilinghoff, Sven	BR	LG Buntentor Roadrunners	1971	23	00:22:45
4	314	Sahm, Marco	BY	LG Bamberg	1973	33	00:23:16
5	333	Reißinger, Kai	BY	Mannschaft ohne Namen	1971	36	00:23:22
6	358	Heimel, Andreas	HE	TV Waldstraße Wiesbaden	1972	38	00:23:26
7	396	Sippli, Tobias	WÜ	LV Pliezhausen 2012	1971	40	00:23:28
8	299	Schmider, Simon	BA	Running Team Ortenau	1974	41	00:23:31
9	395	Schmid, Guido	WÜ	LG farbtex Nordschwarzwald	1973	44	00:23:42
10	315	Wild, Roland	BY	LG Bamberg	1968	45	00:23:43
11	326	Kerner, Christian	BY	MTV 1881 Ingolstadt	1970	48	00:23:52
12	359	Steinke, Peter	NI	MTV Aurich	1970	50	00:23:57
13	324	Baumann, Andreas	BY	DJK Fürsteneck	1970	52	00:24:04
14	375	Müller, Matthias	SL	LSG Sbr.-Sulzbachtal	1973	53	00:24:05
15	303	Silies, Thomas	BR	LG Buntentor Roadrunners	1972	54	00:24:08
16	322	Berndt, Axel	BY	LG Erlangen	1974	55	00:24:12
17	304	Beer, Herbert	BY	SC Ainring	1972	56	00:24:17
18	377	Trampert, Uwe	SL	LSG Sbr.-Sulzbachtal	1972	58	00:24:26
19	357	Freund, Maximilian	HE	TV Waldstraße Wiesbaden	1967	60	00:24:29
20	317	Hovan, Thomas	BY	Lauffeuer Chiemgau	1971	63	00:24:42
21	393	Gigl, Thomas	WÜ	LG farbtex Nordschwarzwald	1971	66	00:25:01
22	380	Leßmüller, René	SN	FC Erzgebirge Aue	1970	70	00:25:30
23	387	Böhm, Steffen	WÜ	LAC Essingen	1970	72	00:25:56
24	388	Donn, Stefan	WÜ	LAC Essingen	1970	73	00:26:07
25	381	Richter, Patrick	ST	SV 1885 Teutschenthal	1974	75	00:27:03

Starter 25

Gesamt: 78

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Senioren M35 bis M45**

Team: M35

Special classification:

**1. SSC Hanau-Rodenbach**

Result: 37

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
346	Fischer, Karsten	1984	M35	9	6	HE	3:36	16.69	00:21:56
348	Hersel, Lienhard	1980	M35	27	15	HE	3:46	15.91	00:23:00
347	Harland, Jörn	1981	M35	29	16	HE	3:47	15.84	00:23:06

**2. TSG Ehingen**

Result: 39

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
385	Diensthuber, Josef	1981	M35	2	1	WÜ	3:25	17.57	00:20:50
386	Härdtner, Alexander	1983	M35	15	10	WÜ	3:40	16.36	00:22:22
384	Bölke, Heiko	1984	M35	69	28	WÜ	4:08	14.5	00:25:14

**3. MTV 1881 Ingolstadt**

Result: 42

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
327	Middelhoff, Heiko	1983	M35	6	4	BY	3:31	17.06	00:21:27
329	Mittag, Thomas	1980	M35	31	18	BY	3:47	15.81	00:23:09
325	Friedrich, Danilo	1981	M35	34	20	BY	3:49	15.7	00:23:19

**4. Laufclub BlueLiner**

Result: 46

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
360	Radecker, Sebastian	1983	M35	18	12	NI	3:41	16.27	00:22:30
361	Schrader, Dominik	1980	M35	22	13	NI	3:43	16.09	00:22:45
362	Wilshusen, Matthias	1970	M35	37	21	NI	3:49	15.65	00:23:23

**5. SC Ostheim/Rhön**

Result: 50

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
336	Enders, Marcus	1984	M35	17	11	BY	3:40	16.3	00:22:27
337	Haßmüller, Tino	1981	M35	25	14	BY	3:45	16.02	00:22:51
338	Richter, Daniel	1984	M35	51	25	BY	3:55	15.26	00:23:59

**6. LSG Sbr.-Sulzbachtal**

Result: 58

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
374	Merk, Matthias	1984	M35	14	9	SL	3:38	16.45	00:22:15
372	Lang, Tammo	1984	M35	46	23	SL	3:53	15.4	00:23:46
376	Münnich, Martin	1976	M35	62	26	SL	4:01	14.89	00:24:35

Teams 6

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Senioren M35 bis M45**

Team: M40/M45

Special classification:

**1. LG Buntentor Roadrunners**

Result: 46

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
302	Hülss, Carsten	1975	M40	19	6	BR	3:41	16.24	00:22:32
301	Eilinghoff, Sven	1971	M45	23	3	BR	3:43	16.09	00:22:45
303	Silies, Thomas	1972	M45	54	15	BR	3:57	15.17	00:24:08

**2. LG Bamberg**

Result: 62

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
314	Sahm, Marco	1973	M45	33	4	BY	3:48	15.73	00:23:16
315	Wild, Roland	1968	M45	45	10	BY	3:53	15.43	00:23:43
313	Kühnert, Florian	1978	M40	49	14	BY	3:55	15.28	00:23:57

**3. TV 1848 Coburg**

Result: 63

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
321	Wittmann, Jürgen	1978	M40	16	5	BY	3:40	16.32	00:22:26
319	Finsel, Alexander	1976	M40	39	12	BY	3:50	15.61	00:23:27
318	Bauer, Alexander	1976	M40	65	19	BY	4:04	14.74	00:24:50

**4. SSC Hanau-Rodenbach**

Result: 69

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
350	Seibert, Thomas	1979	M40	7	3	HE	3:32	16.91	00:21:39
349	Reinke, Ingbert	1977	M40	57	15	HE	3:59	15.04	00:24:20
351	Unger, Stefan	1976	M40	59	16	HE	4:00	14.95	00:24:29

**5. LSG Sbr.-Sulzbachtal**

Result: 73

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
379	Weber, Thomas	1975	M40	26	9	SL	3:45	15.95	00:22:57
375	Müller, Matthias	1973	M45	53	14	SL	3:57	15.2	00:24:05
377	Trampert, Uwe	1972	M45	58	18	SL	4:00	14.98	00:24:26

**6. TV Waldstraße Wiesbaden**

Result: 73

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
358	Heimel, Andreas	1972	M45	38	6	HE	3:50	15.62	00:23:26
356	Bäss, Jens	1976	M40	43	13	HE	3:52	15.45	00:23:41
357	Freund, Maximilian	1967	M45	60	19	HE	4:00	14.95	00:24:29

**7. LG farbtext Nordschwarzwald**

Result: 103

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
395	Schmid, Guido	1973	M45	44	9	WÜ	3:53	15.44	00:23:42
393	Gigl, Thomas	1971	M45	66	21	WÜ	4:05	14.63	00:25:01
394	Kopp, Harald	1977	M40	68	20	WÜ	4:07	14.57	00:25:07

**8. LAC Essingen**

Result: 132

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
387	Böhm, Steffen	1970	M45	72	23	WÜ	4:15	14.11	00:25:56
388	Donn, Stefan	1970	M45	73	24	WÜ	4:16	14.01	00:26:07
389	Götz, Alexander	1978	M40	74	21	WÜ	4:16	14.01	00:26:08

Teams 8

# Results Deutsche Crosslauf-Meisterschaften 2019 / Männer Mittelstrecke

## Lauf 4

### Männer

res.	AG	bib	name	fed.	sports club	yob	result	time
1		482	Ringer, Richard	SL	LC Rehlingen	1989	1	00:12:33
2		448	Orth, Florian	BY	LG TELIS FINANZ Regensburg	1989	2	00:12:42
3		452	Wedel, Konstantin	BY	LG TELIS FINANZ Regensburg	1993	3	00:12:45
4		442	Boch, Simon	BY	LG TELIS FINANZ Regensburg	1994	4	00:12:55
5		450	Ramdane Cherif, Tim	BY	LG TELIS FINANZ Regensburg	1994	5	00:12:59
6		401	Becker, Jan Lukas	BA	LG Region Karlsruhe	1993	6	00:13:02
7		400	Arbogast, Jannik	BA	LG Region Karlsruhe	1992	7	00:13:04
8		500	Kern, Marco	WÜ	LG farbtex Nordschwarzwald	1987	8	00:13:04
9		495	Engel, Hendrik	WÜ	LG farbtex Nordschwarzwald	1992	9	00:13:16
10		474	Gerhard, Dennis	NO	LAZ PUMA Rhein-Sieg	1995	10	00:13:17
11		402	Kessler, Christoph	BA	LG Region Karlsruhe	1995	11	00:13:21
12		472	Ulmer, Ralf	NO	Lauf-Club Euskirchen	1990	12	00:13:26
13		516	Konrad, Fabian	WÜ	SSV Ulm 1846	1997	13	00:13:27
14		447	Notz, Dominik	BY	LG TELIS FINANZ Regensburg	1993	14	00:13:27
15		492	Weickum, Maik	WÜ	TSG 1845 Heilbronn	1995	15	00:13:31
16		441	Beinlich, Moritz	BY	LG TELIS FINANZ Regensburg	1996	16	00:13:35
17		502	Müller, Dominic	WÜ	LG farbtex Nordschwarzwald	1989	17	00:13:39
18		427	Weinländer, Martin	BY	LSC Höchststadt/Aisch	1995	18	00:13:42
19		514	Haboubi, Aimen	WÜ	SSV Ulm 1846	1984	19	00:13:47
20		480	Bäcker, Simon	SH	SG TSV Kronshagen/Kieler TB	1996	20	00:13:50
21		479	Hansen, Nick	SH	Borener SV	1995	21	00:13:55
22		464	Bassou, Mohamed	HE	TV Waldstraße Wiesbaden	1998	22	00:13:58
23		473	Ritte, Stefan	NO	LAZ Rhede	1992	23	00:13:59
24		513	Wörnle, Christian	WÜ	LAV Stadtwerke Tübingen	1994	24	00:14:06
25		498	Holocher, Nils	WÜ	LG farbtex Nordschwarzwald	1989	25	00:14:08
26		406	Uhl, Christoph	BA	LG Region Karlsruhe	1988	26	00:14:10
27		423	König-Rannenberg, Adrian	BY	LSC Höchststadt/Aisch	1993	27	00:14:12
28		506	Werminghausen, Demian	WÜ	LV Pliezhausen 2012	1988	28	00:14:12
29		510	Kalb, Florian	WÜ	LAV Stadtwerke Tübingen	1996	29	00:14:13
30		505	Totzauer, Florian	WÜ	LV Pliezhausen 2012	1986	30	00:14:13
31		436	Bauer, Simon	BY	TV Leutershausen	1996	31	00:14:15
32		409	Milbradt, Moritz	BE	LAC Olympia 88 Berlin	1995	32	00:14:15
33		499	Karl, Sebastian	WÜ	LG farbtex Nordschwarzwald	1991	33	00:14:16
34		410	Singer, Tobias	BE	LAC Olympia 88 Berlin	1989	34	00:14:18
35		435	Zimmermann, Felix	BY	LG Region Landshut	1989	35	00:14:22
36		487	Löffler, Fabian	WÜ	TSG Ehingen	1987	36	00:14:22
37		421	Bauer, Alexander	BY	TV Hauzenberg	1994	37	00:14:22
38		404	Körner, Holger	BA	LG Region Karlsruhe	1993	38	00:14:23
39		1507	Binick, Friedrich	BA	MTG Mannheim	1995	39	00:14:23
40		503	Müller, Fabian	WÜ	LG farbtex Nordschwarzwald	1995	40	00:14:27
41		407	Oechsler, Christian	BA	TSV 05 Rot	1987	41	00:14:27
42		501	Klumpp, Axel	WÜ	LG farbtex Nordschwarzwald	1995	42	00:14:29
43		460	Leser, Mario	BY	LG Zusam	1993	43	00:14:30
44		483	Lauck, Florian	SL	LSG Sbr.-Sulzbachtal	1993	44	00:14:30
45		419	Kirmeier, Maximilian	BY	Lauffeuer Chiemgau	1989	45	00:14:31
46		446	Laukamp, Fabian	BY	LG TELIS FINANZ Regensburg	1994	46	00:14:35
47		439	Brennauer, Markus	BY	TSV Penzberg	1980	47	00:14:36
48		440	Kölbl, Andreas	BY	TSV Penzberg	1994	48	00:14:40
49		488	Nitzer, Robin	WÜ	VfB LC Friedrichshafen	1991	49	00:14:42



50	426 Weinländer, Bernhard	BY	LSC Höchststadt/Aisch	1995	50	00:14:43
51	455 Reiche, Danilo	BY	LG Sempt	1990	51	00:14:43
52	1508 Trometer, Marc	BA	MTG Mannheim	1994	52	00:14:44
53	425 Lang, Florian	BY	LSC Höchststadt/Aisch	1986	53	00:14:45
54	457 Beck, Andreas	BY	LG Zusam	1986	54	00:14:46
55	508 Haller, Jan Philipp	WÜ	LAV Stadtwerke Tübingen	1996	55	00:14:46
56	497 Hansert, Henri	WÜ	LG farbtext Nordschwarzwald	1994	56	00:14:56
57	462 Möller, Clemens	HE	VfL 1860 Marburg	1997	57	00:14:58
58	432 Högl, Stefan	BY	LG Region Landshut	1989	58	00:15:02
59	413 Stoeckl, Sebastian	BE	LTC Berlin	1988	59	00:15:07
60	415 Leitke, Sascha	BY	LG Allgäu	1992	60	00:15:09
61	484 Wallrich, Marc	SL	LSG Schmelz-Hüttersdorf	1990	61	00:15:12
62	511 Müller, Lukas	WÜ	LAV Stadtwerke Tübingen	1991	62	00:15:14
63	438 Bauer, Matthias	BY	TSV Penzberg	1993	63	00:15:16
64	403 Kleber, Nils	BA	LG Region Karlsruhe	1995	64	00:15:17
65	434 Pfeiffer, Leon	BY	LG Region Landshut	1997	65	00:15:17
66	454 Luckner, Felix	BY	LG Reischenau-Zusamtal	1995	66	00:15:17
67	414 Bachmann, Alexander	BY	LG Allgäu	1995	67	00:15:23
68	412 Kelm, Nicolas	BE	LG Nord Berlin	1999	68	00:15:25
69	515 Keppler, Malte	WÜ	SSV Ulm 1846	2000	69	00:15:35
70	1505 Giloy, Frederic	BA	MTG Mannheim	1991	70	00:15:41
71	493 Hasse, Alexander	WÜ	Allgemeiner Sportverein Horb	1989	71	00:15:42
72	459 Kurka, Wenzel	BY	LG Zusam	1986	72	00:15:49
73	512 Ulrich, Julius	WÜ	LAV Stadtwerke Tübingen	1998	73	00:15:52
74	471 Kremser, Fabian	NO	Aachener TG	1997	74	00:15:52
75	463 Möller, Jakob	HE	VfL 1860 Marburg	1994	75	00:16:04
76	416 Schwinghammer, Daniel	BY	TG Viktoria Augsburg	1986	76	00:16:22
77	429 Schindler, Volker	BY	MTV 1881 Ingolstadt	1985	77	00:17:03
78	417 Green, Joshua	BY	TV Bad Brückenau	1997	78	00:17:49
Starter 78						

**Gesamt: 78**

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Männer Mittelstrecke****Team: Männer Mittelstrecke****Special classification:****1. LG TELIS FINANZ Regensburg****Result: 9**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
448	Orth, Florian	1989	Männer	2	2	BY	3:06	19.37	00:12:42
452	Wedel, Konstantin	1993	Männer	3	3	BY	3:06	19.29	00:12:45
442	Boch, Simon	1994	Männer	4	4	BY	3:08	19.05	00:12:55

**2. LG Region Karlsruhe****Result: 24**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
401	Becker, Jan Lukas	1993	Männer	6	6	BA	3:10	18.87	00:13:02
400	Arbogast, Jannik	1992	Männer	7	7	BA	3:11	18.83	00:13:04
402	Kessler, Christoph	1995	Männer	11	11	BA	3:15	18.43	00:13:21

**3. LG farbtex Nordschwarzwald****Result: 34**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
500	Kern, Marco	1987	Männer	8	8	WÜ	3:11	18.83	00:13:04
495	Engel, Hendrik	1992	Männer	9	9	WÜ	3:14	18.54	00:13:16
502	Müller, Dominic	1989	Männer	17	17	WÜ	3:19	18.02	00:13:39

**4. LG TELIS FINANZ Regensburg****Result: 35**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
450	Ramdane Cherif, Tim	1994	Männer	5	5	BY	3:10	18.95	00:12:59
447	Notz, Dominik	1993	Männer	14	14	BY	3:16	18.29	00:13:27
441	Beinlich, Moritz	1996	Männer	16	16	BY	3:18	18.11	00:13:35

**5. LSC HÖCHSTADT/AISCH****Result: 95**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
427	Weinländer, Martin	1995	Männer	18	18	BY	3:20	17.96	00:13:42
423	König-Rannenberg, Adrian	1993	Männer	27	27	BY	3:27	17.32	00:14:12
426	Weinländer, Bernhard	1995	Männer	50	50	BY	3:35	16.72	00:14:43

**6. LG farbtex Nordschwarzwald****Result: 98**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
498	Holocher, Nils	1989	Männer	25	25	WÜ	3:27	17.41	00:14:08
499	Karl, Sebastian	1991	Männer	33	33	WÜ	3:28	17.24	00:14:16
503	Müller, Fabian	1995	Männer	40	40	WÜ	3:31	17.02	00:14:27

**7. SSV Ulm 1846****Result: 101**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
516	Konrad, Fabian	1997	Männer	13	13	WÜ	3:16	18.29	00:13:27
514	Haboubi, Aimen	1984	Männer	19	19	WÜ	3:21	17.85	00:13:47
515	Keppler, Malte	2000	Männer	69	69	WÜ	3:47	15.79	00:15:35

**8. LAV Stadtwerke Tübingen****Result: 108**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
513	Wörnle, Christian	1994	Männer	24	24	WÜ	3:26	17.45	00:14:06
510	Kalb, Florian	1996	Männer	29	29	WÜ	3:28	17.3	00:14:13
508	Haller, Jan Philipp	1996	Männer	55	55	WÜ	3:36	16.66	00:14:46

**9. LG Region Karlsruhe****Result: 128**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
406	Uhl, Christoph	1988	Männer	26	26	BA	3:27	17.36	00:14:10
404	Körner, Holger	1993	Männer	38	38	BA	3:30	17.1	00:14:23
403	Kleber, Nils	1995	Männer	64	64	BA	3:43	16.1	00:15:17

**10. LG Region Landshut****Result: 158**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
435	Zimmermann, Felix	1989	Männer	35	35	BY	3:30	17.12	00:14:22
432	Högl, Stefan	1989	Männer	58	58	BY	3:40	16.36	00:15:02
434	Pfeiffer, Leon	1997	Männer	65	65	BY	3:43	16.1	00:15:17

**11. TSV Penzberg****Result: 158**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
439	Brennauer, Markus	1980	Männer	47	47	BY	3:33	16.85	00:14:36
440	Kölbl, Andreas	1994	Männer	48	48	BY	3:34	16.77	00:14:40
438	Bauer, Matthias	1993	Männer	63	63	BY	3:43	16.11	00:15:16

**12. MTG Mannheim****Result: 161**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1507	Binick, Friedrich	1995	Männer	39	39	BA	3:30	17.1	00:14:23
1508	Trometer, Marc	1994	Männer	52	52	BA	3:35	16.7	00:14:44
1505	Giloy, Frederic	1991	Männer	70	70	BA	3:49	15.69	00:15:41

**13. LG Zusam****Result: 169**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
460	Leser, Mario	1993	Männer	43	43	BY	3:32	16.97	00:14:30
457	Beck, Andreas	1986	Männer	54	54	BY	3:36	16.66	00:14:46
459	Kurka, Wenzel	1986	Männer	72	72	BY	3:51	15.55	00:15:49

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# Results Deutsche Crosslauf-Meisterschaften 2019 / männliche Jugend U18

## Lauf 5

### MJ U18

res.	AG	bib	name	fed.	sports club	yob	result	time
1		606	Specht, Paul	WÜ	VfL Sindelfingen	2002	1	00:13:48
2		584	Gering, Julian	SN	LG Vogtland	2002	2	00:13:49
3		583	Förster, Tom	SN	LG Vogtland	2002	3	00:13:56
4		550	Grabosch, Max	HE	SSC Hanau-Rodenbach	2002	4	00:14:03
5		544	Jäger, Luk	BY	TSV Penzberg	2002	5	00:14:10
6		591	Küster, Marvin	TH	Erfurter LAC	2002	6	00:14:13
7		551	Mrochen, Bastian	HE	LG Reinhardswald	2002	7	00:14:14
8		528	Herfarth, Clemens	BE	LG Süd Berlin	2003	8	00:14:24
9		599	Lauer, Kurt	WÜ	LAZ Ludwigsburg	2003	9	00:14:26
10		530	Gramelsberger, Felix	BY	SC Ainring	2002	10	00:14:27
11		569	Carls, Constantin	NO	ASV Köln	2003	11	00:14:27
12		525	Zittel, Florian	BA	LG Region Karlsruhe	2002	12	00:14:34
13		563	Schendel, Lukas	NI	Hannover 96	2002	13	00:14:38
14		573	Weiß, Florian	RL	LG Rhein-Wied	2002	14	00:14:43
15		540	Seib, Dominik	BY	LG Region Landshut	2002	15	00:14:45
16		557	Ifftner, Leon-Magnus	NI	LG Braunschweig	2002	16	00:14:47
17		556	Heine, Lennart	NI	LG Braunschweig	2002	17	00:14:48
18		564	Tanner, Jan Luca	NI	Hannover 96	2002	18	00:14:49
19		607	Rinderknecht, Tom	WÜ	LAV Stadtwerke Tübingen	2003	19	00:14:49
20		549	Schrack, Christoph	HE	ASC Darmstadt	2003	20	00:14:50
21		585	Schulz, Tim	SN	LG Vogtland	2003	21	00:14:50
22		553	Kuntermann, Hannes	MV	TC Fiko Rostock	2002	22	00:14:51
23		531	Tobias, Prater	BY	LG Allgäu	2002	23	00:14:52
24		552	Büsing, Jan Eric	HH	SC Poppenbüttel	2003	24	00:14:52
25		594	Buffi, Sören	WE	LG Brillux Münster	2003	25	00:14:56
26		559	Mantel, Frederik	NI	LG Braunschweig	2003	26	00:14:58
27		555	Wegner, Thore	MV	TC Fiko Rostock	2003	27	00:15:00
28		565	Burlone, Valentino	NI	Hannover Athletics	2002	28	00:15:01
29		598	Heinemann, Conrad	WÜ	LAZ Ludwigsburg	2003	29	00:15:01
30		579	Taubert, Franz	SN	Dresdner SC 1898	2002	30	00:15:04
31		521	Baron, Philipp	BA	LG Region Karlsruhe	2002	31	00:15:04
32		593	Becker, Florian	WE	SC Eintracht Hamm	2003	32	00:15:05
33		574	Kohn, Thore	SH	TSV Hattstedt	2002	33	00:15:06
34		543	Dressel, Luis	BY	1. FC Passau	2003	34	00:15:06
35		588	Rosenbaum, Ben	ST	LG Merseburg	2002	35	00:15:06
36		533	Wörner, Max	BY	TG Viktoria Augsburg	2002	36	00:15:08
37		608	Berthele, Lukas	WÜ	LG Welfen	2003	37	00:15:08
38		554	Kuntermann, Mattes	MV	TC Fiko Rostock	2003	38	00:15:08
39		578	Patzak, Kilian	SN	Dresdner SC 1898	2003	39	00:15:17
40		601	Vohrer, Jonas	WÜ	LAZ Ludwigsburg	2002	40	00:15:17
41		535	Fischer, Paul	BY	LAC Quelle Fürth	2002	41	00:15:21
42		534	Döring, Sebastien	BY	LAC Quelle Fürth	2003	42	00:15:21
43		570	Rajter, David	NO	LAZ Mönchengladbach	2003	43	00:15:21
44		571	Fuchs, Constantin	RL	LG Bernkastel/Wittlich	2002	44	00:15:24
45		1502	Soddemann, Florian	NO	TLV Germania Überruhr	2003	45	00:15:26
46		532	Novak, Moritz	BY	TG Viktoria Augsburg	2002	46	00:15:31
47		577	Löwe, Max Julius	SN	Dresdner SC 1898	2003	47	00:15:33
48		539	Bilato, Lukas	BY	TSV Ismaning	2003	48	00:15:34
49		526	Czisznik, Till	BE	LG Süd Berlin	2003	49	00:15:36

50	524 Wieczorek, Niklas	BA	LG Region Karlsruhe	2003	50	00:15:42
51	568 Kläß, Maximilian	NO	ASV Duisburg	2003	51	00:15:43
52	537 Frisch, Robin	BY	LG Hersbrucker Alb	2003	52	00:15:46
53	560 Westphal, Adrian	NI	LG Braunschweig	2002	53	00:15:47
54	581 Götze, Luis Nepomuk	SN	SC DHfK Leipzig	2002	54	00:15:47
55	576 Fritsch, Cornelius	SN	Dresdner SC 1898	2003	55	00:15:49
56	572 Wöll, Finn	RL	TuS Katzenelnbogen-Klingelbach 1896/1946	2003	56	00:15:49
57	523 Kistner, Sven	BA	LG Region Karlsruhe	2003	57	00:15:49
58	580 Walther, Franz	SN	Dresdner SC 1898	2003	58	00:15:53
59	542 Adler, Jonathan	BY	1. FC Passau	2002	59	00:15:54
60	589 Rosenbaum, John	ST	LG Merseburg	2002	60	00:16:01
61	548 Maderholz, Yannick	BY	GEH-PUNKT Weißenburg	2002	61	00:16:03
62	590 Rosenbaum, Max	ST	LG Merseburg	2002	62	00:16:09
63	538 King, Moritz	BY	MTV 1881 Ingolstadt	2002	63	00:16:11
64	602 Windelband, Jannik	WÜ	SG Schorndorf 1846	2003	64	00:16:14
65	566 Thiele, Luca	NO	Aachener TG	2003	65	00:16:22
66	1503 Fleischer, Malte	NO	TLV Germania Überruhr	2002	66	00:16:29
67	587 Hänze, Julius	ST	LG Merseburg	2002	67	00:16:30
68	536 Schmidt, Milan	BY	LAC Quelle Fürth	2002	68	00:17:08
69	545 Klein, Colin	BY	TSV Penzberg	2003	69	00:17:08
70	546 Leiter, Lorenz	BY	TSV Penzberg	2003	70	00:17:16
71	527 Geltner, Bjarne	BE	LG Süd Berlin	2003	71	00:17:25
72	541 Graf, Johannes	BY	LG Neumarkt-Freystadt	2003	72	00:18:19

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**Gesamt: 72**

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / männliche Jugend U18**

Team: MJ U18

Special classification:

**1. LG Vogtland**

Result: 26

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
584	Gering, Julian	2002	MJ U18	2	2	SN	3:22	17.8	00:13:49
583	Förster, Tom	2002	MJ U18	3	3	SN	3:23	17.66	00:13:56
585	Schulz, Tim	2003	MJ U18	21	21	SN	3:37	16.58	00:14:50

**2. LG Braunschweig**

Result: 59

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
557	Iffner, Leon-Magnus	2002	MJ U18	16	16	NI	3:36	16.64	00:14:47
556	Heine, Lennart	2002	MJ U18	17	17	NI	3:36	16.62	00:14:48
559	Mantel, Frederik	2003	MJ U18	26	26	NI	3:38	16.44	00:14:58

**3. LAZ Ludwigsburg**

Result: 78

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
599	Lauer, Kurt	2003	MJ U18	9	9	WÜ	3:31	17.04	00:14:26
598	Heinemann, Conrad	2003	MJ U18	29	29	WÜ	3:39	16.38	00:15:01
601	Vohrer, Jonas	2002	MJ U18	40	40	WÜ	3:43	16.1	00:15:17

**4. TC Fiko Rostock**

Result: 87

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
553	Kuntermann, Hannes	2002	MJ U18	22	22	MV	3:37	16.57	00:14:51
555	Wegner, Thore	2003	MJ U18	27	27	MV	3:39	16.4	00:15:00
554	Kuntermann, Mattes	2003	MJ U18	38	38	MV	3:41	16.26	00:15:08

**5. LG Region Karlsruhe**

Result: 93

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
525	Zittel, Florian	2002	MJ U18	12	12	BA	3:32	16.89	00:14:34
521	Baron, Philipp	2002	MJ U18	31	31	BA	3:40	16.33	00:15:04
524	Wieczorek, Niklas	2003	MJ U18	50	50	BA	3:49	15.67	00:15:42

**6. Dresdner SC 1898**

Result: 116

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
579	Taubert, Franz	2002	MJ U18	30	30	SN	3:40	16.33	00:15:04
578	Patzak, Kilian	2003	MJ U18	39	39	SN	3:43	16.1	00:15:17
577	Löwe, Max Julius	2003	MJ U18	47	47	SN	3:47	15.82	00:15:33

**7. LG Süd Berlin**

Result: 128

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
528	Herfarth, Clemens	2003	MJ U18	8	8	BE	3:30	17.08	00:14:24
526	Czisznik, Till	2003	MJ U18	49	49	BE	3:47	15.77	00:15:36
527	Geltner, Bjarne	2003	MJ U18	71	71	BE	4:15	14.12	00:17:25

**8. TSV Penzberg**

Result: 144

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
544	Jäger, Luk	2002	MJ U18	5	5	BY	3:27	17.36	00:14:10
545	Klein, Colin	2003	MJ U18	69	69	BY	4:10	14.36	00:17:08
546	Leiter, Lorenz	2003	MJ U18	70	70	BY	4:12	14.25	00:17:16

**9. LAC Quelle Fürth**

Result: 151

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
535	Fischer, Paul	2002	MJ U18	41	41	BY	3:44	16.03	00:15:21
534	Döring, Sebastien	2003	MJ U18	42	42	BY	3:44	16.03	00:15:21
536	Schmidt, Milan	2002	MJ U18	68	68	BY	4:10	14.36	00:17:08

**10. LG Merseburg****Result: 157**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
588	Rosenbaum, Ben	2002	MJ U18	35	35	ST	3:40	16.29	00:15:06
589	Rosenbaum, John	2002	MJ U18	60	60	ST	3:54	15.36	00:16:01
590	Rosenbaum, Max	2002	MJ U18	62	62	ST	3:56	15.23	00:16:09

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# Results Deutsche Crosslauf-Meisterschaften 2019 / weibliche Jugend U20

## Lauf 6

### WJ U20

res.	AG	bib	name	fed.	sports club	yob	result	time
1		734	Schneiders, Paula	NO	LAZ Mönchengladbach	2001	1	00:15:04
2		738	Kayßer, Paulina	SH	Sport-Club Itzehoe	2000	2	00:15:12
3		747	Koppe, Klara	WE	TSG Dülmen	2000	3	00:15:14
4		757	Gralki, Julia	WÜ	LTC Wangen	2000	4	00:15:34
5		725	Drees, Annasophie	NI	VfL Löningen	2001	5	00:15:38
6		755	Vetter, Jule	WÜ	LAV Stadtwerke Tübingen	2000	6	00:15:58
7		746	Ender, Felicitas	SN	Dresdner SC 1898	2000	7	00:16:05
8		720	Vahl, Sophie	HH	Hamburger SV	2001	8	00:16:11
9		728	Lang, Alexandra	NO	TSV Bayer 04 Leverkusen	2000	9	00:16:17
10		741	Marx, Miriam	SL	LC Rehlingen	2001	10	00:16:19
11		731	Bommès, Anna	NO	LAZ Mönchengladbach	2002	11	00:16:23
12		754	Ruf, Janina	WÜ	LAV Stadtwerke Tübingen	2001	12	00:16:26
13		740	Marx, Katrin	SL	LC Rehlingen	2001	13	00:16:26
14		736	Fröhlig, Katharina	RL	LG Vulkaneifel	2001	14	00:16:39
15		751	Miletic, Tina	WÜ	SG Schorndorf 1846	2001	15	00:16:39
16		752	Steinbach, Lea	WÜ	SG Schorndorf 1846	2000	16	00:16:42
17		718	Vollert, Jana	BY	TG 48 Schweinfurt	2000	17	00:16:44
18		703	Vollmer, Christine	BA	TV 1847 Bühl	2001	18	00:16:57
19		726	Krebs, Xenia	NI	VfL Löningen	2001	19	00:16:58
20		708	Geißler, Linda	BA	LG Region Karlsruhe	2000	20	00:17:00
21		701	Wehrle, Mira	BA	LC Breisgau	2001	21	00:17:04
22		753	Thon, Sarah	WÜ	SG Schorndorf 1846	2002	22	00:17:06
23		704	Vollmer, Jasmin	BA	TV 1847 Bühl	2001	23	00:17:06
24		748	Bokel, Malin	WE	LC Paderborn	2001	24	00:17:07
25		745	Welker, Katharina	SL	LC Rehlingen	2000	25	00:17:08
26		739	Kiel, Sandra	SH	Sport-Club Itzehoe	2000	26	00:17:11
27		710	Borris, Johanna	BY	MTV 1881 Ingolstadt	2001	27	00:17:11
28		727	Lange, Alissa	NI	VfL Löningen	2000	28	00:17:14
29		719	Michel, Daria	BY	TuS Traunreut	2001	29	00:17:18
30		730	Schieberle, Anne	NO	TSV Bayer 04 Leverkusen	2000	30	00:17:18
31		700	Möll, Clara	BA	LC Breisgau	2001	31	00:17:36
32		705	Hurth, Tessa	BA	LAC Freiburg	2001	32	00:17:39
33		742	Nitschmann, Florence	SL	LC Rehlingen	2002	33	00:17:40
34		714	Eisenreich, Sonja	BY	1. FC Passau	2002	34	00:17:42
35		750	Miletic, Nina	WÜ	SG Schorndorf 1846	2001	35	00:17:43
36		724	Wagner, Wiebke	NI	LG Braunschweig	2001	36	00:17:46
37		743	Seel, Hannah	SL	LC Rehlingen	2002	37	00:18:00
38		744	Steffen, Isabelle	SL	LC Rehlingen	2000	38	00:18:01
39		735	Rodenkirch, Anna	RL	Post-Sportverein Trier	2000	39	00:18:03
40		733	Lehnen, Christina	NO	LAZ Mönchengladbach	2003	40	00:18:04
41		721	Minnich, Lina	NI	LG Braunschweig	2002	41	00:18:09
42		711	Holzmer, Lara	BY	TSV Ismaning	2000	42	00:18:22
43		729	Rotondi, Chiara	NO	TSV Bayer 04 Leverkusen	2001	43	00:18:36
44		722	Pisoke, Natalie	NI	LG Braunschweig	2003	44	00:18:57
45		749	Andelfinger, Heidi	WÜ	SG Schorndorf 1846	2002	45	00:18:58
46		723	Tammena, Sina	NI	LG Braunschweig	2002	46	00:19:01
47		756	Wöhrmann, Luisa	WÜ	LAV Stadtwerke Tübingen	2002	47	00:19:30
48		702	Schäfer, Vivien	BA	TV 1847 Bühl	2002	48	00:19:49
49		732	Datta, Victoria	NO	LAZ Mönchengladbach	2003	49	00:19:54





**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / weibliche Jugend U18**

Team: WJ U18

Special classification:

**1. ASC Darmstadt**

Result: 40

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
632	Behrens, Jule	2003	WJ U18	5	5	HE	3:53	15.41	00:15:58
634	Tertsch, Marie	2002	WJ U18	9	9	HE	3:55	15.25	00:16:08
633	Schierl, Finja	2002	WJ U18	26	26	HE	4:13	14.22	00:17:18

**2. LG Region Karlsruhe**

Result: 44

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
620	Pfüller, Antje	2002	WJ U18	1	1	BA	3:44	16.04	00:15:20
618	Bäuerle, Katja	2002	WJ U18	18	18	BA	4:06	14.6	00:16:51
621	Seiter, Sophia	2003	WJ U18	25	25	BA	4:13	14.23	00:17:17

**3. Sport-Club Itzehoe**

Result: 58

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
666	Dietzel, Leann Naima	2003	WJ U18	14	14	SH	4:04	14.7	00:16:44
665	Böthern, Mia	2002	WJ U18	20	20	SH	4:07	14.57	00:16:53
667	Miller, Lena	2002	WJ U18	24	24	SH	4:10	14.34	00:17:09

**4. SSC Hanau-Rodenbach**

Result: 85

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
640	Taubel, Elena	2003	WJ U18	15	15	HE	4:05	14.67	00:16:46
639	Paoli, Constanze	2003	WJ U18	19	19	HE	4:06	14.58	00:16:52
636	Beschomer, Mirjam	2003	WJ U18	51	51	HE	4:37	12.96	00:18:59

**5. LG Olympia Dortmund**

Result: 88

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
675	Hassel, Louisa	2003	WJ U18	13	13	WE	4:04	14.76	00:16:40
676	Krämer, Tessa	2003	WJ U18	34	34	WE	4:21	13.76	00:17:53
680	Vogt, Pia	2003	WJ U18	41	41	WE	4:28	13.43	00:18:19

**6. Diezer TSK Oranien**

Result: 101

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
662	Gürth, Olivia	2002	WJ U18	4	4	RL	3:50	15.64	00:15:44
660	Blöcher, Benita	2003	WJ U18	38	38	RL	4:25	13.58	00:18:07
661	Blöcher, Chiara	2002	WJ U18	59	59	RL	4:49	12.41	00:19:49

**7. LSG Aalen**

Result: 111

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
687	Bullinger, Heidi	2003	WJ U18	32	32	WÜ	4:20	13.79	00:17:50
690	Uhl, Cara	2003	WJ U18	36	36	WÜ	4:23	13.67	00:18:00
688	Dabrunz, Leonie	2003	WJ U18	43	43	WÜ	4:28	13.41	00:18:21

**8. LV 90 Erzgebirge**

Result: 137

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
670	Nitschke, Anna-Chiara	2003	WJ U18	37	37	SN	4:24	13.62	00:18:04
669	Müller, Helene	2002	WJ U18	47	47	SN	4:34	13.1	00:18:47
668	Brückner, Anika	2002	WJ U18	53	53	SN	4:39	12.88	00:19:06

**9. TSG Schwäbisch Hall**

Result: 140

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
694	Binnig, Emilia	2003	WJ U18	44	44	WÜ	4:31	13.25	00:18:34
695	Gramm, Adeline	2003	WJ U18	46	46	WÜ	4:33	13.16	00:18:42
696	Mauer, Leonie	2002	WJ U18	50	50	WÜ	4:37	12.97	00:18:58

**10. LAC Freiburg****Result: 150**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
617	Simmes, Amélie	2002	WJ U18	42	42	BA	4:28	13.42	00:18:20
615	Braun, Valentina	2002	WJ U18	48	48	BA	4:35	13.04	00:18:52
616	Lunter, Charlotte	2003	WJ U18	60	60	BA	4:52	12.3	00:20:00

Teams 10

## Results Deutsche Crosslauf-Meisterschaften 2019 / weibliche Jugend U20

### Lauf 7

#### WJ U20

res. AG	bib	name	fed.	sports club	yob	res. m/f	speed
1	734	Schneiders, Paula	NO	LAZ Mönchengladbach	2001	1	16.33
2	738	Kayßer, Paulina	SH	Sport-Club Itzehoe	2000	2	16.18
3	747	Koppe, Klara	WE	TSG Dülmen	2000	3	16.15
4	757	Gralki, Julia	WÜ	LTC Wangen	2000	4	15.8
5	725	Drees, Annasophie	NI	VfL Lönningen	2001	5	15.74
6	755	Vetter, Jule	WÜ	LAV Stadtwerke Tübingen	2000	6	15.41
7	746	Ender, Felicitas	SN	Dresdner SC 1898	2000	7	15.3
8	720	Vahl, Sophie	HH	Hamburger SV	2001	8	15.2
9	728	Lang, Alexandra	NO	TSV Bayer 04 Leverkusen	2000	9	15.11
10	741	Marx, Miriam	SL	LC Rehlingen	2001	10	15.08
11	731	Bommes, Anna	NO	LAZ Mönchengladbach	2002	11	15.02
12	754	Ruf, Janina	WÜ	LAV Stadtwerke Tübingen	2001	12	14.97
13	740	Marx, Katrin	SL	LC Rehlingen	2001	13	14.97
14	736	Fröhlig, Katharina	RL	LG Vulkaneifel	2001	14	14.77
15	751	Miletic, Tina	WÜ	SG Schorndorf 1846	2001	15	14.77
16	752	Steinbach, Lea	WÜ	SG Schorndorf 1846	2000	16	14.73
17	718	Vollert, Jana	BY	TG 48 Schweinfurt	2000	17	14.7
18	703	Vollmer, Christine	BA	TV 1847 Bühl	2001	18	14.51
19	726	Krebs, Xenia	NI	VfL Lönningen	2001	19	14.5
20	708	Geißler, Linda	BA	LG Region Karlsruhe	2000	20	14.47
21	701	Wehrle, Mira	BA	LC Breisgau	2001	21	14.41
22	753	Thon, Sarah	WÜ	SG Schorndorf 1846	2002	22	14.39
23	704	Vollmer, Jasmin	BA	TV 1847 Bühl	2001	23	14.39
24	748	Bokel, Malin	WE	LC Paderborn	2001	24	14.37
25	745	Welker, Katharina	SL	LC Rehlingen	2000	25	14.36
26	739	Kiel, Sandra	SH	Sport-Club Itzehoe	2000	26	14.32
27	710	Borris, Johanna	BY	MTV 1881 Ingolstadt	2001	27	14.32
28	727	Lange, Alissa	NI	VfL Lönningen	2000	28	14.27
29	719	Michel, Daria	BY	TuS Traunreut	2001	29	14.22
30	730	Schieberle, Anne	NO	TSV Bayer 04 Leverkusen	2000	30	14.22
31	700	Möll, Clara	BA	LC Breisgau	2001	31	13.98
32	705	Hurth, Tessa	BA	LAC Freiburg	2001	32	13.94
33	742	Nitschmann, Florence	SL	LC Rehlingen	2002	33	13.92
34	714	Eisenreich, Sonja	BY	1. FC Passau	2002	34	13.9
35	750	Miletic, Nina	WÜ	SG Schorndorf 1846	2001	35	13.89
36	724	Wagner, Wiebke	NI	LG Braunschweig	2001	36	13.85
37	743	Seel, Hannah	SL	LC Rehlingen	2002	37	13.67
38	744	Steffen, Isabelle	SL	LC Rehlingen	2000	38	13.65
39	735	Rodenkirch, Anna	RL	Post-Sportverein Trier	2000	39	13.63
40	733	Lehnen, Christina	NO	LAZ Mönchengladbach	2003	40	13.62
41	721	Minnich, Lina	NI	LG Braunschweig	2002	41	13.55
42	711	Holzmer, Lara	BY	TSV Ismaning	2000	42	13.39
43	729	Rotondi, Chiara	NO	TSV Bayer 04 Leverkusen	2001	43	13.23
44	722	Pisoke, Natalie	NI	LG Braunschweig	2003	44	12.98

45	749	Andelfinger, Heidi	WÜ	SG Schorndorf 1846	2002	45	12.97
46	723	Tammena, Sina	NI	LG Braunschweig	2002	46	12.94
47	756	Wöhrmann, Luisa	WÜ	LAV Stadtwerke Tübingen	2002	47	12.62
48	702	Schäfer, Vivien	BA	TV 1847 Bühl	2002	48	12.41
49	732	Datta, Victoria	NO	LAZ Mönchengladbach	2003	49	12.36
50	715	Florschütz, Lydia	BY	1. FC Passau	2002	50	12.1

Starter 50

**Gesamt: 50**

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / weibliche Jugend U20**

Team: WJ U20

Special classification:

**1. LC Rehlingen**

Result: 48

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
741	Marx, Miriam	2001	WJ U20	10	10	SL	3:58	15.08	00:16:19
740	Marx, Katrin	2001	WJ U20	13	13	SL	4:00	14.97	00:16:26
745	Welker, Katharina	2000	WJ U20	25	25	SL	4:10	14.36	00:17:08

**2. VfL Löningen**

Result: 52

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
725	Drees, Annasophie	2001	WJ U20	5	5	NI	3:48	15.74	00:15:38
726	Krebs, Xenia	2001	WJ U20	19	19	NI	4:08	14.5	00:16:58
727	Lange, Alissa	2000	WJ U20	28	28	NI	4:12	14.27	00:17:14

**3. LAZ Mönchengladbach**

Result: 52

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
734	Schneiders, Paula	2001	WJ U20	1	1	NO	3:40	16.33	00:15:04
731	Bommes, Anna	2002	WJ U20	11	11	NO	4:00	15.02	00:16:23
733	Lehnen, Christina	2003	WJ U20	40	40	NO	4:24	13.62	00:18:04

**4. SG Schorndorf 1846**

Result: 53

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
751	Miletic, Tina	2001	WJ U20	15	15	WÜ	4:03	14.77	00:16:39
752	Steinbach, Lea	2000	WJ U20	16	16	WÜ	4:04	14.73	00:16:42
753	Thon, Sarah	2002	WJ U20	22	22	WÜ	4:10	14.39	00:17:06

**5. LAV Stadtwerke Tübingen**

Result: 65

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
755	Vetter, Jule	2000	WJ U20	6	6	WÜ	3:53	15.41	00:15:58
754	Ruf, Janina	2001	WJ U20	12	12	WÜ	4:00	14.97	00:16:26
756	Wöhrmann, Luisa	2002	WJ U20	47	47	WÜ	4:45	12.62	00:19:30

**6. TSV Bayer 04 Leverkusen**

Result: 82

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
728	Lang, Alexandra	2000	WJ U20	9	9	NO	3:58	15.11	00:16:17
730	Schieberle, Anne	2000	WJ U20	30	30	NO	4:13	14.22	00:17:18
729	Rotondi, Chiara	2001	WJ U20	43	43	NO	4:32	13.23	00:18:36

**7. TV 1847 Bühl**

Result: 89

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
703	Vollmer, Christine	2001	WJ U20	18	18	BA	4:07	14.51	00:16:57
704	Vollmer, Jasmin	2001	WJ U20	23	23	BA	4:10	14.39	00:17:06
702	Schäfer, Vivien	2002	WJ U20	48	48	BA	4:49	12.41	00:19:49

**8. LC Rehlingen**

Result: 108

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
742	Nitschmann, Florence	2002	WJ U20	33	33	SL	4:18	13.92	00:17:40
743	Seel, Hannah	2002	WJ U20	37	37	SL	4:23	13.67	00:18:00
744	Steffen, Isabelle	2000	WJ U20	38	38	SL	4:23	13.65	00:18:01

**9. LG Braunschweig**

Result: 121

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
724	Wagner, Wiebke	2001	WJ U20	36	36	NI	4:19	13.85	00:17:46
721	Minnich, Lina	2002	WJ U20	41	41	NI	4:25	13.55	00:18:09
722	Pisoke, Natalie	2003	WJ U20	44	44	NI	4:37	12.98	00:18:57

# Results Deutsche Crosslauf-Meisterschaften 2019 / männliche Jugend U20

## Lauf 8

### MJ U20

res.	AG	bib	name	fed.	sports club	yob	result	time
1		838	Müller, Dominik	HE	SSC Hanau-Rodenbach	2000	1	00:20:15
2		826	<a href="#">Bremm, Florian</a>	BY	TV Leutershausen	2000	2	00:20:47
3		831	Brem, Benedikt	BY	LG TELIS FINANZ Regensburg	2000	3	00:20:48
4		890	Balsamo, Jeffrey	WÜ	SV Stuttgarter Kickers	2000	4	00:20:57
5		836	Abele, Marius	HE	SSC Hanau-Rodenbach	2000	5	00:21:01
6		841	Krämer, Niklas	HE	Königsteiner LV	2000	6	00:21:01
7		880	Freitag, Roman	TH	Eisenacher LV	2001	7	00:21:02
8		859	Kaufmann, Justus	NO	LAZ PUMA Rhein-Sieg	2001	8	00:21:02
9		891	Niemela, Alexander	WÜ	LG Teck	2000	9	00:21:15
10		878	Oertel, Kevin	SN	SC DHfK Leipzig	2000	10	00:21:22
11		807	Bodirsky, Jona	BA	TSV 05 Rot	2001	11	00:21:27
12		825	Ulbrich, Tobias	BY	LG Region Landshut	2000	12	00:21:28
13		801	Feuersenger, Elias	BA	LAC Freiburg	2001	13	00:21:30
14		893	Keim, Kelvin	WÜ	VfL Waiblingen	2000	14	00:21:36
15		877	Kreisel, Oliver	SN	SC DHfK Leipzig	2000	15	00:21:39
16		805	Mahnke, David	BA	LG Region Karlsruhe	2001	16	00:21:40
17		812	Campbell, Duncan	BE	Turngemeinde in Berlin	2000	17	00:21:40
18		872	Mohrdieck, Tarje	SH	Sport-Club Itzehoe	2000	18	00:21:48
19		883	Enseling, Oskar	WE	LG Brillux Münster	2001	19	00:21:49
20		830	Bertram, Marvin	BY	TSV Penzberg	2001	20	00:21:50
21		882	Bender, Jari	WE	LG Brillux Münster	2000	21	00:22:00
22		892	Federolf, Till	WÜ	Untertländer LG	2001	22	00:22:09
23		861	Faulhaber, Fabio	NO	OSC Waldniel	2001	23	00:22:09
24		862	Krumm, Henry	NO	OSC Waldniel	2002	24	00:22:16
25		846	Große-Freese, Finn	MV	SC Neubrandenburg	2001	25	00:22:16
26		832	Dirscherl, Michael	BY	LG TELIS FINANZ Regensburg	2001	26	00:22:19
27		849	Bunzel, Lukas	NI	Eintracht Hildesheim	2000	27	00:22:25
28		815	Frank, Florian	BY	TuS Bad Aibling	2001	28	00:22:26
29		814	Berger, Maximilian	BY	TuS Bad Aibling	2002	29	00:22:32
30		869	Hering, Jakob	RL	Post-Sportverein Trier	2000	30	00:22:42
31		868	Hein, Johannes	RL	Post-Sportverein Trier	2000	31	00:22:54
32		843	Dinkelmeyer, Fabio	HH	TSG Bergedorf	2001	32	00:22:54
33		884	Schultz, Paul	WE	LG Brillux Münster	2001	33	00:22:55
34		870	Wirtz, Abraham	RL	Post-Sportverein Trier	2000	34	00:22:55
35		888	Nass, Marius	WÜ	VfL Sindelfingen	2001	35	00:22:57
36		886	Hailer, Davide	WÜ	LV Pliezhausen 2012	2000	36	00:23:04
37		810	Specht, Ole	BE	LG Süd Berlin	2001	37	00:23:05
38		820	Bilato, Piernicolo	BY	TSV Ismaning	2000	38	00:23:05
39		875	Sperling, Fridolin	SN	Dresdner SC 1898	2001	39	00:23:06
40		863	Zwarg, Jan-Bastian	NO	OSC Waldniel	2001	40	00:23:10
41		800	Dumm, Raphael	BA	LAC Freiburg	2000	41	00:23:13
42		835	Niedernostheide, Nils	HE	TV Gelnhausen	2000	42	00:23:13
43		873	Schmidt, Malte	SH	Sport-Club Itzehoe	2001	43	00:23:14
44		871	Köhne, Thilo	SH	Sport-Club Itzehoe	2000	44	00:23:15
45		837	Habtemichael, Evan	HE	SSC Hanau-Rodenbach	2001	45	00:23:20
46		855	de Vries, Jan	NI	DSC Oldenburg	2002	46	00:23:23
47		879	Wilhelm, Jonas	SN	SV Vorwärts Zwickau	2001	47	00:23:25
48		857	Grunert, Jonathan Lukas	NO	TSV Bayer 04 Leverkusen	2000	48	00:23:26
49		860	Kelly, Luke	NO	LAZ PUMA Rhein-Sieg	2000	49	00:23:41

50	858 Hennes, Lukas	NO	LAZ PUMA Rhein-Sieg	2002	50	00:23:42
51	833 Öchsl, Julian	BY	LG TELIS FINANZ Regensburg	2001	51	00:23:43
52	817 Mahl, Tim	BY	DJK Friedberg	2001	52	00:23:43
53	856 Hannawald, Finn	NI	DSC Oldenburg	2000	53	00:23:46
54	802 Lohfink, Thomas	BA	LAC Freiburg	2001	54	00:23:46
55	819 Rupp, Leon	BY	MTV 1881 Ingolstadt	2000	55	00:23:49
56	821 Tress, Hernan	BY	TSV Ismaning	2001	56	00:23:57
57	818 Bartelmus, Raphael	BY	TSV Gräfelfing	2000	57	00:23:58
58	874 Haase, Niklas	SN	Dresdner SC 1898	2001	58	00:23:58
59	864 Zwarg, Tom-Luka	NO	OSC Waldniel	2001	59	00:24:03
60	867 Fischer, Jonas	RL	Post-Sportverein Trier	2000	60	00:24:08
61	854 Bollhorst, Jan	NI	DSC Oldenburg	2000	61	00:24:08
62	809 Seeling, Nathan Isaac	BE	LG Nord Berlin	2001	62	00:24:09
63	816 Posselt, Laurin	BY	TuS Bad Aibling	2003	63	00:24:11
64	827 Mödl, Tobias	BY	LG Neumarkt-Freystadt	2001	64	00:24:17
65	840 Wandukwa, Karl	HE	SSC Hanau-Rodenbach	2001	65	00:24:22
66	885 Fiedler, Lou	WÜ	LV Pliezhausen 2012	2001	66	00:24:36
67	823 Geßl, Lukas	BY	LG Region Landshut	2000	67	00:24:50
68	828 Empl, Jonas	BY	LG Oberland	2001	68	00:26:01
69	844 Hassenpflug, Julius	HH	TSG Bergedorf	2001	69	00:26:17
70	887 Hörmann, Maximilian	WÜ	VfL Sindelfingen	2001	70	00:26:33

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**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / männliche Jugend U20**

Team: MJ U20

Special classification:

**1. SSC Hanau-Rodenbach**

Result: 51

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
838	Müller, Dominik	2000	MJ U20	1	1	HE	3:19	18.07	00:20:15
836	Abele, Marius	2000	MJ U20	5	5	HE	3:27	17.41	00:21:01
837	Habtemichael, Evan	2001	MJ U20	45	45	HE	3:49	15.69	00:23:20

**2. LG Brillux Münster**

Result: 73

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
883	Enseling, Oskar	2001	MJ U20	19	19	WE	3:34	16.78	00:21:49
882	Bender, Jari	2000	MJ U20	21	21	WE	3:36	16.64	00:22:00
884	Schultz, Paul	2001	MJ U20	33	33	WE	3:45	15.97	00:22:55

**3. LG TELIS FINANZ Regensburg**

Result: 80

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
831	Brem, Benedikt	2000	MJ U20	3	3	BY	3:24	17.6	00:20:48
832	Dirscherl, Michael	2001	MJ U20	26	26	BY	3:39	16.4	00:22:19
833	Öchsl, Julian	2001	MJ U20	51	51	BY	3:53	15.43	00:23:43

**4. OSC Waldniel**

Result: 87

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
861	Faulhaber, Fabio	2001	MJ U20	23	23	NO	3:37	16.52	00:22:09
862	Krumm, Henry	2002	MJ U20	24	24	NO	3:38	16.44	00:22:16
863	Zwarg, Jan-Bastian	2001	MJ U20	40	40	NO	3:47	15.8	00:23:10

**5. Post-Sportverein Trier**

Result: 95

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
869	Hering, Jakob	2000	MJ U20	30	30	RL	3:43	16.12	00:22:42
868	Hein, Johannes	2000	MJ U20	31	31	RL	3:45	15.98	00:22:54
870	Wirtz, Abraham	2000	MJ U20	34	34	RL	3:45	15.97	00:22:55

**6. Sport-Club Itzehoe**

Result: 105

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
872	Mohrdieck, Tarje	2000	MJ U20	18	18	SH	3:34	16.79	00:21:48
873	Schmidt, Malte	2001	MJ U20	43	43	SH	3:48	15.75	00:23:14
871	Köhne, Thilo	2000	MJ U20	44	44	SH	3:48	15.74	00:23:15

**7. LAZ PUMA Rhein-Sieg**

Result: 107

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
859	Kaufmann, Justus	2001	MJ U20	8	8	NO	3:27	17.4	00:21:02
860	Kelly, Luke	2000	MJ U20	49	49	NO	3:52	15.45	00:23:41
858	Hennes, Lukas	2002	MJ U20	50	50	NO	3:53	15.44	00:23:42

**8. LAC Freiburg**

Result: 108

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
801	Feuersenger, Elias	2001	MJ U20	13	13	BA	3:31	17.02	00:21:30
800	Dumm, Raphael	2000	MJ U20	41	41	BA	3:48	15.76	00:23:13
802	Lohfink, Thomas	2001	MJ U20	54	54	BA	3:53	15.4	00:23:46

**9. TuS Bad Aibling**

Result: 120

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
815	Frank, Florian	2001	MJ U20	28	28	BY	3:40	16.32	00:22:26
814	Berger, Maximilian	2002	MJ U20	29	29	BY	3:41	16.24	00:22:32
816	Posselt, Laurin	2003	MJ U20	63	63	BY	3:57	15.13	00:24:11

## 10. DSC Oldenburg

Result: 160

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
855	de Vries, Jan	2002	MJ U20	46	46	NI	3:49	15.65	00:23:23
856	Hannawald, Finn	2000	MJ U20	53	53	NI	3:53	15.4	00:23:46
854	Bollhorst, Jan	2000	MJ U20	61	61	NI	3:57	15.17	00:24:08

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# Results Deutsche Crosslauf-Meisterschaften 2019 / Junioren U23

## Lauf 9

### M U23

res.	AG	bib	name	fed.	sports club	yob	result	time
1		972	Mergenthaler, Jens	WÜ	SV Winnenden	1997	1	00:22:46
2		959	Eisele, Lukas	WÜ	LG Filder	1997	2	00:23:12
3		931	Jaeger, Nick	BY	TSV Penzberg	1999	3	00:23:18
4		908	Brill, Thilo	BE	LG Nord Berlin	1997	4	00:23:28
5		967	Baumann, Robert	WÜ	LAV Stadtwerke Tübingen	1998	5	00:23:30
6		1506	Ulmrich, Steffen	BA	MTG Mannheim	1998	6	00:23:32
7		906	Wallner, Christoph	BA	LG Region Karlsruhe	1997	7	00:23:53
8		937	Hild, Julius	HE	SSC Hanau-Rodenbach	1999	8	00:23:58
9		910	Mesecke, Lennart	BE	LG Nord Berlin	1997	9	00:24:03
10		971	Wörnle, Michael	WÜ	LAV Stadtwerke Tübingen	1997	10	00:24:09
11		905	Kleyer, Pascal	BA	LG Region Karlsruhe	1998	11	00:24:19
12		952	Kohn, Tade	SH	SG TSV Kronshagen/Kieler TB	1999	12	00:24:20
13		943	Propp, Malte	MV	TC Fiko Rostock	1999	13	00:24:25
14		928	Feuerer, Paul	BY	1. FC Passau	2001	14	00:24:26
15		926	Adler, Lorenz	BY	1. FC Passau	1998	15	00:24:27
16		925	Adler, Felix	BY	1. FC Passau	1998	16	00:24:28
17		962	Uhlig, Dustin	WÜ	TSG 1845 Heilbronn	1999	17	00:24:31
18		909	Bürger, Dan	BE	LG Nord Berlin	1997	18	00:24:46
19		930	Herbeck, Lucas	BY	TSV Penzberg	1997	19	00:24:49
20		932	Jäger, Tom	BY	TSV Penzberg	1997	20	00:25:01
21		969	Rauscher, Silvan	WÜ	LAV Stadtwerke Tübingen	1998	21	00:25:08
22		935	Abele, Lukas	HE	SSC Hanau-Rodenbach	1997	22	00:25:10
23		902	Hahn, Domenik	BA	TV 1880 Huchenfeld	1997	23	00:25:12
24		901	Schäfer, Frederik	BA	LAC Freiburg	1998	24	00:25:13
25		956	Lembcke, Lukas	ST	SV Kali Wolmirstedt e.V.	1998	25	00:25:16
26		923	Stahr, Johannes	BY	LifePark Max Ingolstadt	1998	26	00:25:18
27		904	Klein, Joshua	BA	LG Region Karlsruhe	1997	27	00:25:20
28		958	Thiemann, Tom	WE	LG Brillux Münster	1999	28	00:25:22
29		948	Wagner, Henrik	NI	LG Braunschweig	1998	29	00:25:27
30		953	Tewelde, Robel	SN	Citylauf-Verein Dresden	1997	30	00:25:28
31		938	Thöming, Jakob	HE	SSC Hanau-Rodenbach	1999	31	00:25:36
32		954	Peterzelt, Jan	SN	Dresdner SC 1898	1998	32	00:25:56
33		912	Kunkel, David	BY	LG LKr Aschaffenburg	1999	33	00:25:59
34		970	Wörner, Marc	WÜ	LAV Stadtwerke Tübingen	1998	34	00:26:00
35		933	Sturm, Christoph	BY	SWC Regensburg	1997	35	00:26:10
36		936	Ahne, Philip	HE	SSC Hanau-Rodenbach	1998	36	00:26:21
37		957	Pasda, Paul	TH	LC Jena	1997	37	00:26:26
38		903	Döhler, Erik	BA	LG Region Karlsruhe	1998	38	00:26:35
39		942	Funck, Lorenz	HE	MT Melsungen	1997	39	00:26:38
40		940	Jensen, Henrik	HE	Hünfelder SV	1999	40	00:26:51
41		950	Küpper, Finn	RL	LG Vulkaneifel	1998	41	00:27:06
42		917	Zimmermann, Leon	BY	Lauffeuer Chiemgau	1997	42	00:27:27
43		915	Meyer, Philipp	BY	TG Viktoria Augsburg	1997	43	00:27:28
44		960	Jäger, Manuel	WÜ	VfB LC Friedrichshafen	1999	44	00:27:31
45		941	Schmitt, Max	HE	Hünfelder SV	1999	45	00:27:57
46		939	Hahn, Daniel	HE	Hünfelder SV	1997	46	00:28:09
47		924	Ganschow, Oliver	BY	TSV Ismaning	1997	47	00:30:41
48		914	Groß, Johannes	BY	TG Viktoria Augsburg	1999	48	00:36:50

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**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Junioren U23**

Team: M U23

Special classification:

**1. LG Nord Berlin**

Result: 31

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
908	Brill, Thilo	1997	M U23	4	4	BE	3:18	18.15	00:23:28
910	Mesecke, Lennart	1997	M U23	9	9	BE	3:23	17.71	00:24:03
909	Bürger, Dan	1997	M U23	18	18	BE	3:29	17.2	00:24:46

**2. LAV Stadtwerke Tübingen**

Result: 36

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
967	Baumann, Robert	1998	M U23	5	5	WÜ	3:18	18.13	00:23:30
971	Wörnle, Michael	1997	M U23	10	10	WÜ	3:23	17.64	00:24:09
969	Rauscher, Silvan	1998	M U23	21	21	WÜ	3:32	16.95	00:25:08

**3. TSV Penzberg**

Result: 42

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
931	Jaeger, Nick	1999	M U23	3	3	BY	3:16	18.28	00:23:18
930	Herbeck, Lucas	1997	M U23	19	19	BY	3:30	17.17	00:24:49
932	Jäger, Tom	1997	M U23	20	20	BY	3:31	17.03	00:25:01

**4. 1. FC Passau**

Result: 45

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
928	Feuerer, Paul	2001	M U23	14	14	BY	3:26	17.44	00:24:26
926	Adler, Lorenz	1998	M U23	15	15	BY	3:26	17.42	00:24:27
925	Adler, Felix	1998	M U23	16	16	BY	3:27	17.41	00:24:28

**5. LG Region Karlsruhe**

Result: 45

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
906	Wallner, Christoph	1997	M U23	7	7	BA	3:21	17.84	00:23:53
905	Kleyer, Pascal	1998	M U23	11	11	BA	3:25	17.52	00:24:19
904	Klein, Joshua	1997	M U23	27	27	BA	3:34	16.82	00:25:20

**6. SSC Hanau-Rodenbach**

Result: 61

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
937	Hild, Julius	1999	M U23	8	8	HE	3:22	17.77	00:23:58
935	Abele, Lukas	1997	M U23	22	22	HE	3:32	16.93	00:25:10
938	Thöming, Jakob	1999	M U23	31	31	HE	3:36	16.64	00:25:36

**7. Hünfelder SV**

Result: 131

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
940	Jensen, Henrik	1999	M U23	40	40	HE	3:46	15.87	00:26:51
941	Schmitt, Max	1999	M U23	45	45	HE	3:56	15.24	00:27:57
939	Hahn, Daniel	1997	M U23	46	46	HE	3:57	15.13	00:28:09

Teams 7

Results Deutsche Crosslauf-Meisterschaften 2019 / Juniorinnen U23, Frauen und Seniorinnen W35 bis W45

Lauf 10

Frauen Mittelstrecke (Gesamtwertung)

result	bib	name	yob	fed.	sports club	res. AG	AG	res. m/f	time
1	1130	Burkard, Elena	1992	WÜ	LG farbtex Nordschwarzwald	1	Frauen	1	00:17:29
2	1107	Gehring, Anna	1996	NO	ASV Köln	2	Frauen	2	00:17:41
3	1016	Granz, Caterina	1994	BE	LG Nord Berlin	3	Frauen	3	00:18:09
4	1018	Schöneborn, Deborah	1994	BE	LG Nord Berlin	4	Frauen	4	00:18:17
5	1063	Dattke, Miriam	1998	BY	LG TELIS FINANZ Regensburg	1	W U23	5	00:18:21
6	1090	Oed, Lisa	1999	HE	SSC Hanau-Rodenbach	2	W U23	6	00:18:25
7	1095	Sussmann, Jana	1990	HH	Lauf Team Haspa Marathon Hamburg	5	Frauen	7	00:18:32
8	1116	Rehberg, Maya	1994	SH	SG TSV Kronshagen/Kieler TB	6	Frauen	8	00:18:50
9	1019	Schöneborn, Rabea	1994	BE	LG Nord Berlin	7	Frauen	9	00:18:52
10	1064	Heim, Thea	1992	BY	LG TELIS FINANZ Regensburg	8	Frauen	10	00:18:56
11	1015	Boschan, Luisa	1993	BE	LG Nord Berlin	9	Frauen	11	00:18:58
12	1110	Wrede, Linda	1993	NO	LT DSHS Köln	10	Frauen	12	00:18:59
13	1058	Schreindl, Susanne	1991	BY	LG Passau	11	Frauen	13	00:19:03
14	1020	Schultze-Berndt, Carmen	1996	BE	LG Nord Berlin	12	Frauen	14	00:19:09
15	1103	Meyer, Lea	1997	NI	VfL Löningen	3	W U23	15	00:19:13
16	1106	Coutellier, Vera	1995	NO	ASV Köln	13	Frauen	16	00:19:20
17	1108	Jacobitz, Esther	1997	NO	ASV Köln	4	W U23	17	00:19:22
18	1100	Gerdes, Christina	1995	NI	BV Garrel	14	Frauen	18	00:19:23
19	1117	Klein, Julia	1997	SN	SC DHfK Leipzig	5	W U23	19	00:19:26
20	1136	Sabrié, Anais	1994	WÜ	LAV Stadtwerke Tübingen	15	Frauen	20	00:19:33
21	1021	Strempler, Mares-Elaine	1986	BE	LG Nord Berlin	16	Frauen	21	00:19:42
22	1074	Kerres, Maria	1996	BY	SWC Regensburg	17	Frauen	22	00:19:44
23	1123	Schulze Kalthoff, Kerstin	1998	WE	LG Rosendahl	6	W U23	23	00:19:45
24	1091	Ritzel, Lena	1999	HE	VfL 1860 Marburg	7	W U23	24	00:19:51
25	1004	Kaiser, Sophia	1996	BA	LG Region Karlsruhe	18	Frauen	25	00:19:54
26	1005	Kistner, Celine	2000	BA	LG Region Karlsruhe	8	W U23	26	00:19:56
27	1059	Schultz, Eva	1995	BY	LG Passau	19	Frauen	27	00:19:58
28	1003	Hettich, Sarah	1991	BA	LG Region Karlsruhe	20	Frauen	28	00:20:01
29	1093	Schermuly, Antonia	1997	HE	LC Mengerskirchen	9	W U23	29	00:20:01
30	1047	Haderlein, Sandra	1984	BY	SC Kemmern	1	W35	30	00:20:05
31	1114	Schlund, Charlotte	1994	RL	Post-Sportverein Trier	21	Frauen	31	00:20:07
32	1023	Lorenz, Leandra	1999	BE	RSV Eintracht Berlin	10	W U23	32	00:20:09
33	1132	Wallner, Katrin	1992	WÜ	LV Pliezhausen 2012	22	Frauen	33	00:20:11
34	1119	Weike, Lea	1999	WE	SV Brackwede	11	W U23	34	00:20:12
35	1001	Flacke, Johanna	1998	BA	LG Region Karlsruhe	12	W U23	35	00:20:13
36	1006	Svensson, Amélie	1996	BA	LG Region Karlsruhe	23	Frauen	36	00:20:18
37	1089	Uphoff, Tinka	1983	HE	Spiridon Frankfurt	2	W35	37	00:20:21
38	1014	Tempelhagen, Hanna	1981	BE	LAC Olympia 88 Berlin	3	W35	38	00:20:22
39	1057	Fuchs, Lisa	1991	BY	LG Passau	24	Frauen	39	00:20:24
40	1122	Schmiemann, Saskia	1991	WE	SV Teuto Riesenbeck	25	Frauen	40	00:20:26
41	1138	Thies, Miriam	1997	WÜ	SSV Ulm 1846	13	W U23	41	00:20:27
42	1037	Haug, Tabea	1990	BY	LAC Quelle Fürth	26	Frauen	42	00:20:29
43	1084	Raatz, Simone	1976	HE	ASC Darmstadt	1	W40	43	00:20:32
44	1088	Starostzik, Anna	1987	HE	Spiridon Frankfurt	27	Frauen	44	00:20:32
45	1112	Zajonz, Pia	1993	NO	LT DSHS Köln	28	Frauen	45	00:20:33
46	1109	Blameuser, Carmen	1993	NO	LT DSHS Köln	29	Frauen	46	00:20:34
47	1120	Weike, Nele	1999	WE	SV Brackwede	14	W U23	47	00:20:37
48	1062	Basener, Lisa	2000	BY	LG TELIS FINANZ Regensburg	15	W U23	48	00:20:40
49	1133	Werminghausen, Isabelle	1991	WÜ	LV Pliezhausen 2012	30	Frauen	49	00:20:40
50	1087	Rach, Katharina	1990	HE	Spiridon Frankfurt	31	Frauen	50	00:20:40
51	1131	Arndt, Hannah	1989	WÜ	LV Pliezhausen 2012	32	Frauen	51	00:20:47

52	1065 Parisek, Mira	1996 BY	LG TELIS FINANZ Regensburg	33	Frauen	52	00:20:50
53	1134 Fischer, Katja	1991 WÜ	LAV Stadtwerke Tübingen	34	Frauen	53	00:20:52
54	1013 Kroll, Vivien	1994 BE	LAC Olympia 88 Berlin	35	Frauen	54	00:20:54
55	1118 Schüler, Nina	1980 WE	SV Brackwede	4	W35	55	00:20:54
56	1051 Kleiner, Yvonne	1974 BY	LG Stadtwerke München	1	W45	56	00:21:00
57	1017 Kuhn, Isabella	1996 BE	LG Nord Berlin	36	Frauen	57	00:21:05
58	1052 Ortenreiter, Theresa	1994 BY	LG Stadtwerke München	37	Frauen	58	00:21:08
59	1002 Haisch, Adeline	2000 BA	LG Region Karlsruhe	16	W U23	59	00:21:20
60	1042 Witzel, Lisa	1986 BY	LAC Quelle Fürth	38	Frauen	60	00:21:21
61	1069 Schien, Eva	1999 BY	LG TELIS FINANZ Regensburg	17	W U23	61	00:21:22
62	1040 Schuster, Lisa	1999 BY	LAC Quelle Fürth	18	W U23	62	00:21:23
63	1085 Rechel, Alexandra	1972 HE	ASC Darmstadt	2	W45	63	00:21:32
64	1121 Straeten, Frederike Anne	1992 WE	LG Brillux Münster	39	Frauen	64	00:21:33
65	1094 Brunner, Lara	1999 HH	Hamburger SV	19	W U23	65	00:21:37
66	1115 Klinkhammer, Gina	1999 RL	LG Vulkaneifel	20	W U23	66	00:21:40
67	1048 Schwalbe, Ulrike	1978 BY	ASC Marktrodach	2	W40	67	00:21:40
68	1092 Pötz, Lea	1999 HE	LC Mengerskirchen	21	W U23	68	00:21:44
69	1041 Wiertz, Ann-Kathrin	1995 BY	LAC Quelle Fürth	40	Frauen	69	00:21:45
70	1035 Bittel, Corinna	1999 BY	LAC Quelle Fürth	22	W U23	70	00:21:46
71	1099 Wüstefeld, Paulina	1998 NI	LG Eichsfeld	23	W U23	71	00:21:49
72	1077 Jilg, Michaela	1971 BY	TSG 08 Roth	3	W45	72	00:21:56
73	1033 Wiedeburg, Juliane	1991 BY	Lauffeuer Chiemgau	41	Frauen	73	00:21:57
74	1137 Humburger, Lena	1996 WÜ	SSV Ulm 1846	42	Frauen	74	00:22:02
75	1098 Riske, Anna	1977 NI	Laufclub BlueLiner	3	W40	75	00:22:03
76	1054 Haßmüller, Susanne	1981 BY	SC Ostheim/Rhön	5	W35	76	00:22:03
77	1011 Dobmeier, Luise	1988 BA	TSV 05 Rot	43	Frauen	77	00:22:05
78	1039 Schmidt, Katharina	1999 BY	LAC Quelle Fürth	24	W U23	78	00:22:07
79	1083 Müller, Sylvie	1991 HE	ASC Darmstadt	44	Frauen	79	00:22:09
80	1113 Bommess, Silke	1974 NO	OSC Waldniel	4	W45	80	00:22:14
81	1000 Alt, Antje	1999 BA	LG Region Karlsruhe	25	W U23	81	00:22:18
82	1022 Koil, Annika	1984 BE	LTC Berlin	6	W35	82	00:22:18
83	1009 Sander, Kristin	1994 BA	Running Team Ortenau	45	Frauen	83	00:22:19
84	1124 Laufer, Lea	1998 WE	CLV Siegerland	26	W U23	84	00:22:22
85	1056 Richter, Nadine	1982 BY	SC Ostheim/Rhön	7	W35	85	00:22:31
86	1509 Giesche, Valerie	1995	DJK Ingolstadt	46	Frauen	86	00:22:33
87	1026 Rauh, Natalie	1997 BY	LG Allgäu	27	W U23	87	00:22:41
88	1031 Lutz, Kerstin	1974 BY	TSV Burghaslach	5	W45	88	00:22:47
89	1030 Stöckmann, Petra	1974 BY	TG Viktoria Augsburg	6	W45	89	00:22:49
90	1010 Bodirsky, Birgit	1970 BA	TSV 05 Rot	7	W45	90	00:22:59
91	1073 Flöte, Loretta	1997 BY	SWC Regensburg	28	W U23	91	00:23:01
92	1055 Klee, Anna-Lena	1983 BY	SC Ostheim/Rhön	8	W35	92	00:23:05
93	1029 Huber, Sonja	1974 BY	TG Viktoria Augsburg	8	W45	93	00:23:07
94	1081 Grabmeier, Maria	1980 BY	LG Wolfstein	9	W35	94	00:23:08
95	1075 Sturm, Vanessa	1997 BY	SWC Regensburg	29	W U23	95	00:23:09
96	1072 Bötzl, Stephanie	1981 BY	SWC Regensburg	10	W35	96	00:23:19
97	1045 Pumberger, Regina	1970 BY	ATSV Kallmünz	9	W45	97	00:23:27
98	1080 Materna, Ingrid	1973 BY	SVG Ruhstorf/Rott	10	W45	98	00:23:28
99	1096 Brinkmann, Silke	1968 NI	Laufclub BlueLiner	11	W45	99	00:23:49
100	1104 Theuerkauf, Romina	1988 NI	TSV Eintracht Wolfshagen	47	Frauen	100	00:24:04
101	1070 Schrod, Andrea	1998 BY	LG TELIS FINANZ Regensburg	30	W U23	101	00:24:12
102	1034 Glöckner, Manuela	1976 BY	TSV Ebermannstadt	4	W40	102	00:24:21
103	1086 Schmidt, Carin Irina	1976 HE	ASC Darmstadt	5	W40	103	00:24:22
104	1032 Rauer, Elena	1983 BY	Lauffeuer Chiemgau	11	W35	104	00:24:37
105	1060 Archut, Bianca	1975 BY	MTV 1862 Pfaffenhofen	6	W40	105	00:24:42
106	1053 Mödl, Anja	1998 BY	LG Neumarkt-Freystadt	31	W U23	106	00:24:49
107	1135 Mancho, Viktoria	1998 WÜ	LAV Stadtwerke Tübingen	32	W U23	107	00:25:00

108	1079 Promm, Simone	1975 BY	TSG 08 Roth	7	W40	108	00:25:07
109	1097 Friedrich, Ilka	1971 NI	Laufclub BlueLiner	12	W45	109	00:25:31
110	1046 Schoen, Ulrike	1975 BY	ATSV Kallmünz	8	W40	110	00:25:57
111	1043 Damm, Daniela	1975 BY	ATSV Kallmünz	9	W40	111	00:27:25

**Results Deutsche Crosslauf-Meisterschaften 2019 / Juniorinnen U23, Frauen und Seniorinnen W35 bis W45****Lauf 10****W U23**

res. AG	bib	name	fed.	sports club	yob	result	time
1	1063	Dattke, Miriam	BY	LG TELIS FINANZ Regensburg	1998	5	00:18:21
2	1090	Oed, Lisa	HE	SSC Hanau-Rodenbach	1999	6	00:18:25
3	1103	Meyer, Lea	NI	VfL Lönningen	1997	15	00:19:13
4	1108	Jacobitz, Esther	NO	ASV Köln	1997	17	00:19:22
5	1117	Klein, Julia	SN	SC DHfK Leipzig	1997	19	00:19:26
6	1123	Schulze Kalthoff, Kerstin	WE	LG Rosendahl	1998	23	00:19:45
7	1091	Ritzel, Lena	HE	VfL 1860 Marburg	1999	24	00:19:51
8	1005	Kistner, Celine	BA	LG Region Karlsruhe	2000	26	00:19:56
9	1093	Schermuly, Antonia	HE	LC Mengerskirchen	1997	29	00:20:01
10	1023	Lorenz, Leandra	BE	RSV Eintracht Berlin	1999	32	00:20:09
11	1119	Weike, Lea	WE	SV Brackwede	1999	34	00:20:12
12	1001	Flacke, Johanna	BA	LG Region Karlsruhe	1998	35	00:20:13
13	1138	Thies, Miriam	WÜ	SSV Ulm 1846	1997	41	00:20:27
14	1120	Weike, Nele	WE	SV Brackwede	1999	47	00:20:37
15	1062	Basener, Lisa	BY	LG TELIS FINANZ Regensburg	2000	48	00:20:40
16	1002	Haisch, Adeline	BA	LG Region Karlsruhe	2000	59	00:21:20
17	1069	Schien, Eva	BY	LG TELIS FINANZ Regensburg	1999	61	00:21:22
18	1040	Schuster, Lisa	BY	LAC Quelle Fürth	1999	62	00:21:23
19	1094	Brunner, Lara	HH	Hamburger SV	1999	65	00:21:37
20	1115	Klinkhammer, Gina	RL	LG Vulkaneifel	1999	66	00:21:40
21	1092	Pötz, Lea	HE	LC Mengerskirchen	1999	68	00:21:44
22	1035	Bittel, Corinna	BY	LAC Quelle Fürth	1999	70	00:21:46
23	1099	Wüstefeld, Paulina	NI	LG Eichsfeld	1998	71	00:21:49
24	1039	Schmidt, Katharina	BY	LAC Quelle Fürth	1999	78	00:22:07
25	1000	Alt, Antje	BA	LG Region Karlsruhe	1999	81	00:22:18
26	1124	Laufer, Lea	WE	CLV Siegerland	1998	84	00:22:22
27	1026	Rauh, Natalie	BY	LG Allgäu	1997	87	00:22:41
28	1073	Flöte, Loretta	BY	SWC Regensburg	1997	91	00:23:01
29	1075	Sturm, Vanessa	BY	SWC Regensburg	1997	95	00:23:09
30	1070	Schrod, Andrea	BY	LG TELIS FINANZ Regensburg	1998	101	00:24:12
31	1053	Mödl, Anja	BY	LG Neumarkt-Freystadt	1998	106	00:24:49
32	1135	Mancho, Viktoria	WÜ	LAV Stadtwerke Tübingen	1998	107	00:25:00

Starter 32

**W35**

res. AG	bib	name	fed.	sports club	yob	result	time
1	1047	Haderlein, Sandra	BY	SC Kemmern	1984	30	00:20:05
2	1089	Uphoff, Tinka	HE	Spiridon Frankfurt	1983	37	00:20:21
3	1014	Tempelhagen, Hanna	BE	LAC Olympia 88 Berlin	1981	38	00:20:22
4	1118	Schüler, Nina	WE	SV Brackwede	1980	55	00:20:54
5	1054	Haßmüller, Susanne	BY	SC Ostheim/Rhön	1981	76	00:22:03
6	1022	Koil, Annika	BE	LTC Berlin	1984	82	00:22:18
7	1056	Richter, Nadine	BY	SC Ostheim/Rhön	1982	85	00:22:31



8	1055 Klee, Anna-Lena	BY	SC Ostheim/Rhön	1983	92	00:23:05
9	1081 Grabmeier, Maria	BY	LG Wolfstein	1980	94	00:23:08
10	1072 Bötzl, Stephanie	BY	SWC Regensburg	1981	96	00:23:19
11	1032 Rauer, Elena	BY	Lauffeuer Chiemgau	1983	104	00:24:37

Starter 11

#### W40

res. AG	bib	name	fed.	sports club	yob	result	time
1	1084	Raatz, Simone	HE	ASC Darmstadt	1976	43	00:20:32
2	1048	Schwalbe, Ulrike	BY	ASC Marktrodach	1978	67	00:21:40
3	1098	Riske, Anna	NI	Laufclub BlueLiner	1977	75	00:22:03
4	1034	Glöckner, Manuela	BY	TSV Ebermannstadt	1976	102	00:24:21
5	1086	Schmidt, Carin Irina	HE	ASC Darmstadt	1976	103	00:24:22
6	1060	Archut, Bianca	BY	MTV 1862 Pfaffenhofen	1975	105	00:24:42
7	1079	Promm, Simone	BY	TSG 08 Roth	1975	108	00:25:07
8	1046	Schoen, Ulrike	BY	ATSV Kallmünz	1975	110	00:25:57
9	1043	Damm, Daniela	BY	ATSV Kallmünz	1975	111	00:27:25

Starter 9

#### W45

res. AG	bib	name	fed.	sports club	yob	result	time
1	1051	Kleiner, Yvonne	BY	LG Stadtwerke München	1974	56	00:21:00
2	1085	Rechel, Alexandra	HE	ASC Darmstadt	1972	63	00:21:32
3	1077	Jilg, Michaela	BY	TSG 08 Roth	1971	72	00:21:56
4	1113	Bommes, Silke	NO	OSC Waldniel	1974	80	00:22:14
5	1031	Lutz, Kerstin	BY	TSV Burghaslach	1974	88	00:22:47
6	1030	Stöckmann, Petra	BY	TG Viktoria Augsburg	1974	89	00:22:49
7	1010	Bodirsky, Birgit	BA	TSV 05 Rot	1970	90	00:22:59
8	1029	Huber, Sonja	BY	TG Viktoria Augsburg	1974	93	00:23:07
9	1045	Pumberger, Regina	BY	ATSV Kallmünz	1970	97	00:23:27
10	1080	Materna, Ingrid	BY	SVG Ruhstorf/Rott	1973	98	00:23:28
11	1096	Brinkmann, Silke	NI	Laufclub BlueLiner	1968	99	00:23:49
12	1097	Friedrich, Ilka	NI	Laufclub BlueLiner	1971	109	00:25:31

Starter 12

**Gesamt: 64**

## Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Juniorinnen U23, Frauen und Seniorinnen W35 bis W45

Team: Mittelstrecke Frauen

Special classification:

## 1. LG Nord Berlin

Result: 16

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1016	Granz, Caterina	1994	Frauen	3	3	BE	3:33	16.86	00:18:09
1018	Schöneborn, Deborah	1994	Frauen	4	4	BE	3:34	16.74	00:18:17
1019	Schöneborn, Rabea	1994	Frauen	9	7	BE	3:42	16.22	00:18:52

## 2. ASV Köln

Result: 35

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1107	Gehring, Anna	1996	Frauen	2	2	NO	3:28	17.3	00:17:41
1106	Coutellier, Vera	1995	Frauen	16	13	NO	3:47	15.83	00:19:20
1108	Jacobitz, Esther	1997	W U23	17	4	NO	3:47	15.8	00:19:22

## 3. LG Nord Berlin

Result: 46

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1015	Boschan, Luisa	1993	Frauen	11	9	BE	3:43	16.13	00:18:58
1020	Schultze-Berndt, Carmen	1996	Frauen	14	12	BE	3:45	15.98	00:19:09
1021	Strempler, Mares-Elaine	1986	Frauen	21	16	BE	3:51	15.53	00:19:42

## 4. LG TELIS FINANZ Regensburg

Result: 63

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1063	Datke, Miriam	1998	W U23	5	1	BY	3:36	16.68	00:18:21
1064	Heim, Thea	1992	Frauen	10	8	BY	3:42	16.16	00:18:56
1062	Basener, Lisa	2000	W U23	48	15	BY	4:02	14.81	00:20:40

## 5. LG Region Karlsruhe

Result: 79

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1004	Kaiser, Sophia	1996	Frauen	25	18	BA	3:53	15.38	00:19:54
1005	Kistner, Celine	2000	W U23	26	8	BA	3:54	15.35	00:19:56
1003	Hettich, Sarah	1991	Frauen	28	20	BA	3:55	15.29	00:20:01

## 6. LG Passau

Result: 79

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1058	Schreindl, Susanne	1991	Frauen	13	11	BY	3:44	16.06	00:19:03
1059	Schultz, Eva	1995	Frauen	27	19	BY	3:55	15.33	00:19:58
1057	Fuchs, Lisa	1991	Frauen	39	24	BY	4:00	15	00:20:24

## 7. LT DSHS Köln

Result: 103

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1110	Wrede, Linda	1993	Frauen	12	10	NO	3:43	16.12	00:18:59
1112	Zajonz, Pia	1993	Frauen	45	28	NO	4:01	14.89	00:20:33
1109	Blameuser, Carmen	1993	Frauen	46	29	NO	4:01	14.88	00:20:34

## 8. LG Region Karlsruhe

Result: 130

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1001	Flacke, Johanna	1998	W U23	35	12	BA	3:57	15.14	00:20:13
1006	Svensson, Amélie	1996	Frauen	36	23	BA	3:58	15.07	00:20:18
1002	Haisch, Adeline	2000	W U23	59	16	BA	4:10	14.34	00:21:20

## 9. Spiridon Frankfurt

Result: 131

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1089	Uphoff, Tinka	1983	W35	37	2	HE	3:59	15.04	00:20:21
1088	Starostzik, Anna	1987	Frauen	44	27	HE	4:01	14.9	00:20:32
1087	Rach, Katharina	1990	Frauen	50	31	HE	4:02	14.81	00:20:40

**10. LV Pliezhausen 2012****Result: 133**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1132	Wallner, Katrin	1992	Frauen	33	22	WÜ	3:57	15.16	00:20:11
1133	Werminghausen, Isabelle	1991	Frauen	49	30	WÜ	4:02	14.81	00:20:40
1131	Arndt, Hannah	1989	Frauen	51	32	WÜ	4:04	14.72	00:20:47

**11. SV Brackwede****Result: 136**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1119	Weike, Lea	1999	W U23	34	11	WE	3:57	15.15	00:20:12
1120	Weike, Nele	1999	W U23	47	14	WE	4:02	14.84	00:20:37
1118	Schüler, Nina	1980	W35	55	4	WE	4:05	14.64	00:20:54

**12. LAC Quelle Fürth****Result: 164**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1037	Haug, Tabea	1990	Frauen	42	26	BY	4:01	14.94	00:20:29
1042	Witzel, Lisa	1986	Frauen	60	38	BY	4:11	14.33	00:21:21
1040	Schuster, Lisa	1999	W U23	62	18	BY	4:11	14.31	00:21:23

**13. LAV Stadtwerke Tübingen****Result: 180**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1136	Sabrié, Anais	1994	Frauen	20	15	WÜ	3:49	15.65	00:19:33
1134	Fischer, Katja	1991	Frauen	53	34	WÜ	4:05	14.66	00:20:52
1135	Mancho, Viktoria	1998	W U23	107	32	WÜ	4:54	12.24	00:25:00

**14. ASC Darmstadt****Result: 185**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1084	Raatz, Simone	1976	W40	43	1	HE	4:01	14.9	00:20:32
1085	Rechel, Alexandra	1972	W45	63	2	HE	4:13	14.21	00:21:32
1083	Müller, Sylvie	1991	Frauen	79	44	HE	4:20	13.81	00:22:09

**15. SWC Regensburg****Result: 208**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1074	Kerres, Maria	1996	Frauen	22	17	BY	3:52	15.51	00:19:44
1073	Flöte, Loretta	1997	W U23	91	28	BY	4:30	13.29	00:23:01
1075	Sturm, Vanessa	1997	W U23	95	29	BY	4:32	13.22	00:23:09

**16. LG TELIS FINANZ Regensburg****Result: 214**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1065	Parisek, Mira	1996	Frauen	52	33	BY	4:04	14.69	00:20:50
1069	Schien, Eva	1999	W U23	61	17	BY	4:11	14.32	00:21:22
1070	Schrod, Andrea	1998	W U23	101	30	BY	4:45	12.64	00:24:12

**17. LAC Quelle Fürth****Result: 217**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1041	Wiertz, Ann-Kathrin	1995	Frauen	69	40	BY	4:15	14.07	00:21:45
1035	Bittel, Corinna	1999	W U23	70	22	BY	4:16	14.06	00:21:46
1039	Schmidt, Katharina	1999	W U23	78	24	BY	4:20	13.84	00:22:07

**18. SC Ostheim/Rhön****Result: 253**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1054	Haßmüller, Susanne	1981	W35	76	5	BY	4:19	13.88	00:22:03
1056	Richter, Nadine	1982	W35	85	7	BY	4:25	13.59	00:22:31
1055	Klee, Anna-Lena	1983	W35	92	8	BY	4:31	13.26	00:23:05

**19. Laufclub BlueLiner****Result: 283**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1098	Riske, Anna	1977	W40	75	3	NI	4:19	13.88	00:22:03

1096	Brinkmann, Silke	1968	W45	99	11	NI	4:40	12.85	00:23:49
1097	Friedrich, Ilka	1971	W45	109	12	NI	5:00	11.99	00:25:31

**20. ATSV Kallmünz****Result: 318**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1045	Pumberger, Regina	1970	W45	97	9	BY	4:35	13.05	00:23:27
1046	Schoen, Ulrike	1975	W40	110	8	BY	5:05	11.79	00:25:57
1043	Damm, Daniela	1975	W40	111	9	BY	5:22	11.16	00:27:25

Teams 20

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Juniorinnen U23, Frauen und Seniorinnen W35 bis W45****Team: W U23****Special classification:****1. LG TELIS FINANZ Regensburg****Result: 33**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1063	Dattke, Miriam	1998	W U23	5	1	BY	3:36	16.68	00:18:21
1062	Basener, Lisa	2000	W U23	48	15	BY	4:02	14.81	00:20:40
1069	Schien, Eva	1999	W U23	61	17	BY	4:11	14.32	00:21:22

**2. LG Region Karlsruhe****Result: 36**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1005	Kistner, Celine	2000	W U23	26	8	BA	3:54	15.35	00:19:56
1001	Flacke, Johanna	1998	W U23	35	12	BA	3:57	15.14	00:20:13
1002	Haisch, Adeline	2000	W U23	59	16	BA	4:10	14.34	00:21:20

**3. LAC Quelle Fürth****Result: 64**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1040	Schuster, Lisa	1999	W U23	62	18	BY	4:11	14.31	00:21:23
1035	Bittel, Corinna	1999	W U23	70	22	BY	4:16	14.06	00:21:46
1039	Schmidt, Katharina	1999	W U23	78	24	BY	4:20	13.84	00:22:07

**Teams 3**

**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Juniorinnen U23, Frauen und Seniorinnen W35 bis W45**

Team: W35/40/45

Special classification:

**1. ASC Darmstadt**

Result: 37

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1084	Raatz, Simone	1976	W40	43	1	HE	4:01	14.9	00:20:32
1085	Rechel, Alexandra	1972	W45	63	2	HE	4:13	14.21	00:21:32
1086	Schmidt, Carin Irina	1976	W40	103	5	HE	4:46	12.56	00:24:22

**2. SC Ostheim/Rhön**

Result: 43

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1054	Haßmüller, Susanne	1981	W35	76	5	BY	4:19	13.88	00:22:03
1056	Richter, Nadine	1982	W35	85	7	BY	4:25	13.59	00:22:31
1055	Klee, Anna-Lena	1983	W35	92	8	BY	4:31	13.26	00:23:05

**3. Laufclub BlueLiner**

Result: 64

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1098	Riske, Anna	1977	W40	75	3	NI	4:19	13.88	00:22:03
1096	Brinkmann, Silke	1968	W45	99	11	NI	4:40	12.85	00:23:49
1097	Friedrich, Ilka	1971	W45	109	12	NI	5:00	11.99	00:25:31

**4. ATSV Kallmünz**

Result: 85

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1045	Pumberger, Regina	1970	W45	97	9	BY	4:35	13.05	00:23:27
1046	Schoen, Ulrike	1975	W40	110	8	BY	5:05	11.79	00:25:57
1043	Damm, Daniela	1975	W40	111	9	BY	5:22	11.16	00:27:25

Teams 4

# Results Deutsche Crosslauf-Meisterschaften 2019 / Männer Langstrecke

## Lauf 11

### Männer

res.	AG	bib	name	fed.	sports club	yob	result	time
1		1218	Ringer, Richard	SL	LC Rehlingen	1989	1	00:32:03
2		1225	Petros, Amanal	WE	TV Wattenscheid 01	1995	2	00:32:04
3		1212	Fitwi Sibhatu, Samuel	RL	LG Vulkaneifel	1996	3	00:32:13
4		1189	Pflieger, Philipp	BY	LG TELIS FINANZ Regensburg	1987	4	00:33:08
5		1197	Schreiner, Kilian	HE	ASC 1990 Breidenbach	1993	5	00:33:08
6		1190	Ramdane Cherif, Tim	BY	LG TELIS FINANZ Regensburg	1994	6	00:33:31
7		1207	Meier, Karsten	NI	LG Braunschweig	1991	7	00:33:38
8		1228	Hoffmann, Jonas	WE	SG Wenden	1996	8	00:33:47
9		1223	Grunenberg, Karol	WE	FC Schalke 04	1987	9	00:33:55
10		1204	Katib, Joseph	NI	LG Braunschweig	1982	10	00:34:04
11		1181	Schreindl, Tobias	BY	LG Passau	1988	11	00:34:06
12		1157	Götz, Daniel	BY	SV Bergdorf-Höhn	1989	12	00:34:08
13		1193	Zeus, Maximilian	BY	LG TELIS FINANZ Regensburg	1995	13	00:34:13
14		1172	Becht, Lukas	BY	LG Stadtwerke München	1986	14	00:34:22
15		1185	Key, Kevin	BY	LG TELIS FINANZ Regensburg	1992	15	00:34:31
16		1230	Jenne, Fabian	WE	SG Wenden	1990	16	00:34:38
17		1222	Dillenhöfer, Fabian	WE	LG Olympia Dortmund	1992	17	00:34:40
18		1231	Baum, Lorenz	WÜ	LAV Stadtwerke Tübingen	1990	18	00:34:50
19		1211	Duppich, Yannik	RL	LG Vulkaneifel	1990	19	00:34:54
20		1217	Bock, Alexander	SL	LC Rehlingen	1992	20	00:34:54
21		1202	Götte, Jonas	HE	LG Eintracht Frankfurt	1996	21	00:34:58
22		1221	Janicki, Adam	WE	SV Brackwede	1988	22	00:34:59
23		1229	Huckestein, Simon	WE	SG Wenden	1985	23	00:35:08
24		1213	Keil-Forneck, Andreas	RL	LG Vulkaneifel	1987	24	00:35:17
25		1169	Ewender, Matthias	BY	LG Region Landshut	1981	25	00:35:29
26		1205	Kuk, Viktor	NI	LG Braunschweig	1989	26	00:35:32
27		1233	Obenauer, Peter	WÜ	LAV Stadtwerke Tübingen	1990	27	00:35:38
28		1194	Eder, Michael	BY	PTSV Rosenheim	1987	28	00:36:06
29		1215	Schmidt, Daniel	RL	LG Vulkaneifel	1986	29	00:36:10
30		1227	Giese, Marco	WE	SG Wenden	1992	30	00:36:12
31		1234	Schramm, Michael	WÜ	LAV Stadtwerke Tübingen	1990	31	00:36:20
32		1161	Wedel, Zacharias	BY	LAC Quelle Fürth	1989	32	00:36:30
33		1158	Masi, Valentino	BY	LAC Quelle Fürth	1999	33	00:36:34
34		1226	Biele, Christian	WE	SG Wenden	1983	34	00:36:37
35		1200	Thum, Felix	HE	LC Eschenburg	1987	35	00:36:43
36		1151	Kasznar, Bence	BE	LAC Olympia 88 Berlin	1985	36	00:36:55
37		1201	Billing, Nikolai	HE	LG Eintracht Frankfurt	1992	37	00:37:00
38		1168	Bertsch, Philipp	BY	LG Region Landshut	1995	38	00:37:01
39		1150	Herrig, Thorsten	BE	LAC Olympia 88 Berlin	1987	39	00:37:14
40		1232	Göhler, Timo	WÜ	LAV Stadtwerke Tübingen	1990	40	00:37:18
41		1219	Zimmer, Dennis	SL	LC Rehlingen	1990	41	00:37:18

1	1218 Ringer, Richard	SL	LC Rehlingen	1989	1	00:32:03
42	1154 Singer, Tobias	BE	LAC Olympia 88 Berlin	1989	42	00:37:29
43	1180 Gonzalez Popoca, Giovanni	BY	LG Passau	1982	43	00:37:29
44	1195 Pritzl, Michael	BY	PTSV Rosenheim	1994	44	00:37:35
45	1178 Fruhmann, Stephan	BY	LG Passau	1979	45	00:37:37
46	1176 Kraus, Sebastian	BY	LG Stadtwerke München	1992	46	00:37:42
47	1206 Kuzguncu, Süleyman	NI	LG Braunschweig	1988	47	00:37:49
48	1191 Scholler, Dominik	BY	LG TELIS FINANZ Regensburg	1995	48	00:37:53
49	1177 Bernhardt, Mario	BY	LG Passau	1989	49	00:38:00
50	1164 Stier, Martin	BY	MTV 1881 Ingolstadt	1987	50	00:38:21
51	1155 Ramstetter, Stefan	BY	SC Ainring	1985	51	00:38:34
52	1170 Juhas, Christopher	BY	LG Region Landshut	1994	52	00:38:49
53	1165 Weigl, Sebastian	BY	MTV 1881 Ingolstadt	1993	53	00:38:50
54	1159 Rudolph, Björn	BY	LAC Quelle Fürth	1995	54	00:39:09
55	1196 Spötzl, Florian	BY	PTSV Rosenheim	1986	55	00:39:09
56	1156 Kerber, Alexander	BY	LG Augsburg	1981	56	00:39:31
57	1198 Eizenhöfer, Samuel	HE	LC Eschenburg	1997	57	00:40:04
58	1199 Haus, Sedic Steffen	HE	LC Eschenburg	1981	58	00:40:12
59	1153 Scheduikat, Ron	BE	LAC Olympia 88 Berlin	1990	59	00:40:17
60	1209 Fürle, Alexander	NI	TSV Eintracht Wolfshagen	1993	60	00:41:07
61	1167 Ganschow, Holger	BY	SC Kemmern	1996	61	00:41:30
62	1210 Rath, Stephan	PF	TV Herxheim	1989	62	00:42:28
63	1162 Böller, Martin	BY	SG Indersdorf	1994	63	00:46:43

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**Results list for the Deutsche Crosslauf-Meisterschaften 2019 / Männer Langstrecke****Team: Männer Langstrecke****Special classification:****1. LG TELIS FINANZ Regensburg****Result: 23**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1189	Pflieder, Philipp	1987	Männer	4	4	BY	3:16	18.29	00:33:08
1190	Ramdane Cherif, Tim	1994	Männer	6	6	BY	3:19	18.08	00:33:31
1193	Zeus, Maximilian	1995	Männer	13	13	BY	3:23	17.71	00:34:13

**2. LG Braunschweig****Result: 43**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1207	Meier, Karsten	1991	Männer	7	7	NI	3:19	18.02	00:33:38
1204	Katib, Joseph	1982	Männer	10	10	NI	3:22	17.79	00:34:04
1205	Kuk, Viktor	1989	Männer	26	26	NI	3:31	17.05	00:35:32

**3. LG Vulkaneifel****Result: 46**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1212	Fitwi Sibhatu, Samuel	1996	Männer	3	3	RL	3:11	18.81	00:32:13
1211	Duppich, Yannik	1990	Männer	19	19	RL	3:27	17.36	00:34:54
1213	Keil-Forneck, Andreas	1987	Männer	24	24	RL	3:29	17.18	00:35:17

**4. SG Wenden****Result: 47**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1228	Hoffmann, Jonas	1996	Männer	8	8	WE	3:20	17.94	00:33:47
1230	Jenne, Fabian	1990	Männer	16	16	WE	3:25	17.5	00:34:38
1229	Huckestein, Simon	1985	Männer	23	23	WE	3:28	17.25	00:35:08

**5. LC Rehlingen****Result: 62**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1218	Ringer, Richard	1989	Männer	1	1	SL	3:10	18.91	00:32:03
1217	Bock, Alexander	1992	Männer	20	20	SL	3:27	17.36	00:34:54
1219	Zimmer, Dennis	1990	Männer	41	41	SL	3:41	16.25	00:37:18

**6. LAV Stadtwerke Tübingen****Result: 76**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1231	Baum, Lorenz	1990	Männer	18	18	WÜ	3:27	17.4	00:34:50
1233	Obenauer, Peter	1990	Männer	27	27	WÜ	3:31	17.01	00:35:38
1234	Schramm, Michael	1990	Männer	31	31	WÜ	3:36	16.68	00:36:20

**7. LG Passau****Result: 99**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1181	Schreindl, Tobias	1988	Männer	11	11	BY	3:22	17.77	00:34:06
1180	Gonzalez Popoca, Giovanni	1982	Männer	43	43	BY	3:42	16.17	00:37:29
1178	Fruhmann, Stephan	1979	Männer	45	45	BY	3:43	16.11	00:37:37

**8. LG Region Landshut****Result: 115**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1169	Ewender, Matthias	1981	Männer	25	25	BY	3:30	17.08	00:35:29
1168	Bertsch, Philipp	1995	Männer	38	38	BY	3:40	16.37	00:37:01
1170	Juhas, Christopher	1994	Männer	52	52	BY	3:50	15.61	00:38:49

**9. LAC Olympia 88 Berlin****Result: 117**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1151	Kasznar, Bence	1985	Männer	36	36	BE	3:39	16.42	00:36:55
1150	Herrig, Thorsten	1987	Männer	39	39	BE	3:41	16.28	00:37:14
1154	Singer, Tobias	1989	Männer	42	42	BE	3:42	16.17	00:37:29

**10. LAC Quelle Fürth****Result: 119**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1161	Wedel, Zacharias	1989	Männer	32	32	BY	3:36	16.6	00:36:30
1158	Masi, Valentino	1999	Männer	33	33	BY	3:37	16.57	00:36:34
1159	Rudolph, Björn	1995	Männer	54	54	BY	3:52	15.48	00:39:09

**11. PTSV Rosenheim****Result: 127**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1194	Eder, Michael	1987	Männer	28	28	BY	3:34	16.79	00:36:06
1195	Pritzl, Michael	1994	Männer	44	44	BY	3:43	16.12	00:37:35
1196	Spötzl, Florian	1986	Männer	55	55	BY	3:52	15.48	00:39:09

**12. LC Eschenburg****Result: 150**

bib	name	year	ak	res.	res. ak	fed.	pace	speed	time
1200	Thum, Felix	1987	Männer	35	35	HE	3:38	16.5	00:36:43
1198	Eizenhöfer, Samuel	1997	Männer	57	57	HE	3:58	15.12	00:40:04
1199	Haus, Sedic Steffen	1981	Männer	58	58	HE	3:58	15.07	00:40:12

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