

Zeitplan Obb. M/F/U 18  
Freising

|       | Frauen        | W U18           | Männer        | M U18           |
|-------|---------------|-----------------|---------------|-----------------|
| 10:00 |               |                 | Stabhoch      | Stabhoch        |
| 11:15 | Stabhoch      | Stabhoch        |               |                 |
| 10:00 |               | Weit 1 + 2      | 400mH ZL      | 400mH ZL Diskus |
| 10:15 | 400mH ZL      | 400mH ZL        |               |                 |
| 10:30 |               |                 |               |                 |
| 10:45 |               |                 | Diskus        |                 |
| 11:00 |               |                 | 110mH ZL Hoch |                 |
| 11:15 |               |                 |               | 110mH ZL        |
| 11:30 | 100mH ZL      |                 |               |                 |
| 11:45 |               | 100mH ZL Diskus |               |                 |
| 12:00 |               |                 | Kugel         |                 |
| 12:15 | Weit 1        |                 | 100m VL       |                 |
| 12:30 |               |                 |               | 100m VL         |
| 12:45 | Diskus        |                 |               |                 |
| 13:00 | 100m VL       |                 |               | Hoch            |
| 13:15 |               | 100m VL         |               |                 |
| 13:30 |               |                 | 100m EL       |                 |
| 13:45 |               |                 | Speer         | 100m EL Kugel   |
| 14:00 | 100m EL       |                 | Weit 1        | Weit 2          |
| 14:15 |               | 100m EL Hoch    |               |                 |
| 14:30 |               |                 |               |                 |
| 14:45 |               |                 | 200m ZE       | Speer           |
| 15:00 | 200m ZE Kugel |                 |               |                 |
| 15:15 |               |                 |               | 200m ZE         |
| 15:30 |               | 200m ZE         |               |                 |
| 15:45 | Dreisprung    | Dreisprung      |               |                 |
| 16:00 | Speer         |                 | 400m ZL       |                 |
| 16:15 |               | Kugel           |               | 400m ZL         |
| 16:30 | 400m ZL Hoch  |                 |               |                 |
| 16:45 |               | 400m ZL         |               |                 |
| 17:00 |               |                 | Speer         | 4x100m          |
| 17:15 | 4x100m        |                 |               |                 |
| 17:30 |               | 4x100m          | Dreisprung    | Dreisprung      |
| 17:45 |               |                 | 800m          | 800m            |
| 18:00 | 800m          | 800m            |               |                 |
| 18:15 |               |                 | 1500m         | 1500m           |
| 18:30 | 1500m         | 1500m           |               |                 |
| 18:45 | 3000m         | 3000m           |               | 3000m           |
| 19:00 |               |                 | 5000m         |                 |
| 19:15 |               |                 |               |                 |
| 19:30 |               |                 |               |                 |
| 19:45 |               |                 |               |                 |
| 20:00 |               |                 |               |                 |