



<u>Zeit</u>	<u>M15</u>	<u>M14</u>	<u>W15</u>	<u>W14</u>	<u>M13</u>	<u>M12</u>	<u>W13</u>	<u>W12</u>	<u>M11</u>	<u>M10</u>	<u>W11</u>	<u>W10</u>
14:30										50 m E		
14:35									50 m E			Hoch 2
14:40	Kugel	Kugel						75 m E			Ball 1+2	
14:45							75 m E					
14:50						75 m E						
14:55					75 m E		Hoch 1	Hoch 1				
15:00				100 m E								
15:05			100 m E									
15:10		100 m E			Kugel	Kugel						
15:15	100 m E											Ball 1+2
15:25									Hoch 2	Hoch 2		
15:35	4x100m	4x100m	4x100mZL	4x100mZL								
15:50					4x75m	4x75m						
15:55			Kugel	Kugel			4x75m	4x75m				
16:10	Hoch 1	Hoch 1			Speer	Speer					4x50mZL	4x50mZL
16:20									4x50m	4x50m		
16:30	800m											
16:35		800m										
16:40			800m									
16:45				800m								
16:50												800 m ZL
17:00	Speer	Speer									800 m	
17:05										800 m ZL		
17:15									800 m			
17:20								800m ZL				
17:30							800m					
17:35						800m						
17:40					800m							