

Erster Werfertag 2016 von RKS Phoenix Mutterstadt am 23.01.2016 im Sportpark Mutterstadt

Hammerwerfen

U 18 (5,00 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Herrgen, Robin (00) | 24,30 m |
| | RKS Phoenix Mutterstadt | |

U 20 (6,00 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Klein, Steffen (97) | 35,37 m |
| | RKS Phoenix Mutterstadt | |

Männer (7,26 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Zachrau, Dominique (81) | 35,54 m |
| | RKS Phoenix Mutterstadt | |
| 2. | Griesheimer, Sven (76) | 16,75 m |
| | RKS Phoenix Mutterstadt | |

M 35 (7,26 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Zachrau, Dominique (81) | 35,84 m |
| | RKS Phoenix Mutterstadt | |

M 40 (7,26 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Griesheimer, Sven (76) | 15,42 m |
| | RKS Phoenix Mutterstadt | |

M 60 (5,00 kg):

- | | | |
|----|--------------------------|---------|
| 1. | Tretter, Bernhard (54) | 30,13 m |
| | RKS Phoenix Mutterstadt | |
| - | Gundermann, Norbert (45) | abg. |
| | RKS Phoenix Mutterstadt | |

M 65 (5,00 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Zachrau, Gerhard (49) | 40,61 m |
| | RKS Phoenix Mutterstadt | |

M 70 (4,00 kg):

- | | | |
|----|----------------------------|---------|
| 1. | Heinzel, Hans Joachim (46) | 24,59 m |
| | TV Maudach | |
| 2. | Zimmermann, Helmut (44) | 24,00 m |
| | ABC Ludwigshafen | |

Damen (4,00 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Borutta, Anette (69) | 27,29 m |
| | RKS Phoenix Mutterstadt | |

W 45 (4,00 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Borutta, Anette (69) | 26,93 m |
| | RKS Phoenix Mutterstadt | |

W 65 (3,00 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Böhm, Gertrud (49) | 24,25 m |
| | RKS Phoenix Mutterstadt | |

W 70 (2,00 kg):

- | | | |
|---|---------------------|------|
| - | Müller, Ishild (40) | abg. |
| | TGS Niederrodenbach | |

Kugelstoßen

U 18 (5,00 kg):

- | | | |
|----|-------------------------|--------|
| 1. | Herrgen, Robin (00) | 7,66 m |
| | RKS Phoenix Mutterstadt | |

U 20 (6,00 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Klein, Steffen (97) | 11,82 m |
| | RKS Phoenix Mutterstadt | |

Männer (7,26 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Zachrau, Dominique (81) | 11,66 m |
| | RKS Phoenix Mutterstadt | |
| 2. | Griesheimer, Sven (76) | 7,00 m |
| | RKS Phoenix Mutterstadt | |

M 35 (7,26 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Zachrau, Dominique (81) | 11,32 m |
| | RKS Phoenix Mutterstadt | |

M 40 (7,26 kg):

- | | | |
|----|-------------------------|--------|
| 1. | Griesheimer, Sven (76) | 6,95 m |
| | RKS Phoenix Mutterstadt | |

M 60 (5,00 kg):

- | | | |
|----|--------------------------|--------|
| 1. | Tretter, Bernhard (54) | 9,87 m |
| | RKS Phoenix Mutterstadt | |
| 2. | Gundermann, Norbert (45) | 9,40 m |
| | RKS Phoenix Mutterstadt | |

M 65 (5,00 kg):

- | | | |
|----|-------------------------|--------|
| 1. | Zachrau, Gerhard (49) | 9,20 m |
| | RKS Phoenix Mutterstadt | |

M 70 (4,00 kg):

- | | | |
|----|----------------------------|--------|
| 1. | Heinzel, Hans Joachim (46) | 6,85 m |
| | TV Maudach | |
| - | Zimmermann, Helmut (44) | abg. |
| | ABC Ludwigshafen | |

Damen (4,00 kg):

- | | | |
|---|-------------------------|------|
| - | Borutta, Anette (69) | abg. |
| | RKS Phoenix Mutterstadt | |

W 45 (4,00 kg):

- | | | |
|---|-------------------------|------|
| - | Borutta, Anette (69) | abg. |
| | RKS Phoenix Mutterstadt | |

W 65 (3,00 kg):

- | | | |
|----|-------------------------|--------|
| 1. | Böhm, Gertrud (49) | 5,80 m |
| | RKS Phoenix Mutterstadt | |

W 70 (2,00 kg):

- | | | |
|---|---------------------|------|
| - | Müller, Ishild (40) | abg. |
| | TGS Niederrodenbach | |

Diskuswerfen

U 18 (1,50 kg):

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|----|-------------------------|---------|
| 1. | Herrgen, Robin (00) | 12,59 m |
| | RKS Phoenix Mutterstadt | |

U 20 (1,75 kg):

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|----|-------------------------|---------|
| 1. | Klein, Steffen (97) | 28,75 m |
| | RKS Phoenix Mutterstadt | |

Männer (2,00 kg):

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|----|-------------------------|---------|
| 1. | Zachrau, Dominique (81) | 27,67 m |
| | RKS Phoenix Mutterstadt | |
| 2. | Griesheimer, Sven (76) | 20,09 m |
| | RKS Phoenix Mutterstadt | |

M 35 (2,00 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Zachrau, Dominique (81) | 27,59 m |
| | RKS Phoenix Mutterstadt | |

M 40 (2,00 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Griesheimer, Sven (76) | 20,01 m |
| | RKS Phoenix Mutterstadt | |

M 50 (1,50 kg):

- | | | |
|----|------------------------|---------|
| 1. | Welke, Christian (61) | 42,29 m |
| | Sportfreunde Forchheim | |

M 55 (1,50 kg):

- | | | |
|----|------------------------|---------|
| 1. | Welke, Christian (61) | 42,39 m |
| | Sportfreunde Forchheim | |

M 60 (1,00 kg):

- | | | |
|----|--------------------------|---------|
| 1. | Gundermann, Norbert (45) | 31,42 m |
| | RKS Phoenix Mutterstadt | |
| 2. | Tretter, Bernhard (54) | 30,00 m |
| | RKS Phoenix Mutterstadt | |

M 65 (1,00 kg):

- | | | |
|----|-------------------------|------|
| 1. | Zachrau, Gerhard (49) | abg. |
| | RKS Phoenix Mutterstadt | |

M 70 (1,00 kg):

- | | | |
|---|----------------------------|------|
| - | Heinzel, Hans Joachim (46) | abg. |
| | TV Maudach | |
| - | Zimmermann, Helmut (44) | abg. |
| | ABC Ludwigshafen | |
| - | Büttler, Kurt (46) | abg. |
| | TSG Haßloch | |

Damen (1,00 kg):

- | | | |
|---|-------------------------|------|
| - | Borutta, Anette (69) | abg. |
| | RKS Phoenix Mutterstadt | |

W 45 (1,00 kg):

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|---|-------------------------|------|
| - | Borutta, Anette (69) | abg. |
| | RKS Phoenix Mutterstadt | |

W 65 (1,00 kg):

- | | | |
|----|-------------------------|---------|
| 1. | Böhm, Gertrud (49) | 14,63 m |
| | RKS Phoenix Mutterstadt | |